

The Island Current

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One Dollar

ROAD CONSTRUCTION CREATES TRAFFIC PROBLEMS ON CI

By BARBARA DOLENSEK



Photo by JAMES BREEN

Granite from the old City Island Bridge will become a permanent fixture in the Legion Triangle.

Last October, City Islanders were delighted when the new bridge opened, but little did they realize that the construction would continue and even multiply, causing traffic delays, inconvenience and questions about what is, in fact, going on at the north end of the Island.

On Feb. 2, representatives of the City Island Civic Association and the Chamber of Commerce met with the community liaison for the Department of Transportation (DOT), and many questions were asked about issues that have arisen since the bridge itself was completed. Why is the water main on the sidewalk of the bridge? Who is digging up the road and why? Why is the Legion Triangle so much bigger than the original? What is the odd "bump" in the sidewalk in front of Dunkin Donuts that makes the entrance to Bridge Street more difficult to navigate?

Some of these questions were answered on the spot, but several have remained unanswered.

The location of the water main on the sidewalk of the new bridge is temporary. The main will be placed beneath the new bridge after the temporary bridge is removed, although no date has been announced for that or for the restoration of Catherine Scott Promenade. Tutor Perini is apparently concentrating its efforts on the reconstruction of the Legion Triangle, according to workers on the site.

DOT was asked why the triangle is so much larger than the original, and the answer given was that it would better accommodate visitors to the memorials there.

In November, DOT put on its Facebook page: "The new island will be larger to better present the monuments and flagpole to the community and to accommodate additional visitors, especially during veteran related events. All existing traffic movements around the island, including turns into and out of Bridge Street, will continue after completion of construction."

However, many believe that the left turn onto Bridge Street has been compromised by the increased size of the triangle and by the addition of an odd "bump" in the sidewalk leading from Dunkin Donuts.

According to the DOT Street Design Manual, the bump, or curb extension, "shortens crossing distance, reducing pedestrian exposure and minimum required signal time for crossing; improves the ability of crossing pedestrians and drivers to see each other; makes the crosswalk more apparent to drivers, encouraging them to stop in advance of the crosswalk, and reduces illegal parking within crosswalk." DOT has been asked to eliminate this curb extension as unnecessary and possibly dangerous as it affects the ability of large vehicles to access Bridge Street whether they are coming from the south or the north.

As to the Veterans Triangle itself, DOT claims that the community was shown the design over two years ago, but those who were present at the community meeting raised objections to it because the increased size would limit access to Bridge Street, an objection that clearly went unheeded. It was noted that ceremonies at the triangle are infrequent, and on Memorial Day traffic is controlled by police officers so that access to the triangle is safe for pedestrians.

A positive note is that granite from the old bridge was saved and is being installed in the new triangle. DOT was also asked at the community meeting to provide access to water for the triangle so that the Garden Club could water the plantings, but that request was not incorporated into the plan.

The current digging in the roadway, which causes traffic stops when only one lane is open at a time, is a preliminary stage in a major infrastructure project for the Department of Environmental Protection (DEP), which plans to install a new 20-inch water main under City Island Avenue. The actual water main project, which is scheduled for completion in 2020, will not begin until the summer of this year, and possibly not until fall, according to a representative of the Department of Design and Construction (DDC), which is handling the construction.

In the meantime, Con Edison is busy transferring utility services from the temporary bridge to the permanent bridge, although it is not clear why the roadway is af-

Continued on page 9

After Hiatus, Islanders Welcome New Pharmacy

By PAUL NANI



Photos by PAUL NANI

The new Island Pharmacy & Discount opened in February 2018 to the delight of many Islanders who bemoaned the loss of a local pharmacy when the City Island Pharmacy closed in 2017. Shown above are the new owner, Anthony Dangelo, and the attractive new storefront located at 290 City Island Avenue

Residents were relieved to see a new pharmacy open on City Island after a one-year period without this critical business. The new store, Island Pharmacy & Discount, an independent pharmacy (not part of any drugstore chain), opened its doors in February 2018 in the same location as the former City Island Pharmacy, which closed in March 2017.

The new owner, Anthony Dangelo, is a Bronx native, and is excited about opening a City Island business. He has managed several pharmacies over the past 25 years. How did he wind up in our neighborhood? "I was driving down City Island Avenue and saw the empty storefront. It looked like a good opportunity to have my own business. I look forward to serving this community," he told *The Current*.

The store is located at 290 City Island Avenue and both the interior and exterior have undergone an extensive renovation. Although prescription services will not be available until May, the new store offers a range of health and beauty aids, cosmetics, toiletries, toys, household items and groceries. They accept most major credit cards, and business hours are 9 a.m. through 8 p.m., Monday through Saturday, and 10 a.m. to 3 p.m. on Sunday. The telephone number is 718-885-1000 (different from the previous pharmacy), and they offer free delivery. When the Rx department opens, Mr. Dangelo said they will accept all forms of insurance. He is also planning to offer New York State lottery tickets for sale to those over 18 years of age.

One Islander is grateful to have a pharmacy on the avenue again. "It was really inconvenient to have to go off City Island to get prescriptions filled. And it's great that there is not another empty storefront on City Island."

The closing of the City Island Pharmacy in 2017 had marked the first time that City Island was without a pharmacy since 1900, when J. F. Seifert, apothecary, put his label on a bottle that once contained a pharmaceutical substance but is now in the City Island Nautical Museum. In 1910 Louis Leyes had a pharmacy on Main Street (now City Island Avenue), but apparently he went on to become a machinist and closed the store.

Not long afterwards, however, there were three pharmacies on the Island at the same time: Niedlich's at 530 City Island Avenue (where Captain Mike's Dive Shop is now), Cook's on City Island Avenue at Hawkins Street, and Reynold's Pharmacy near Fordham Street (next to New Way Market). Reynolds was eventually sold to Sam Bierman, who later moved his drug store to the northwest corner of City Island Avenue and Fordham.

Pete Kalamakarian bought the pharmacy from Bierman but eventually moved the business to Gilbert's Pharmacy at 282 City Island Avenue, which closed in the 1970s. Calgagno Pharmacy was at 474 City Island Avenue, in the same building where AmandaBear Party Rentals is now and where Lina Petite was located for many years. Winifred Doane describes Mr. Peterfoin's drug store in her memoir, but it apparently was more of an ice cream parlor than a pharmacy. Most recently, Joe Miccarelli owned the City Island Pharmacy at 290 City Island Avenue for 24 years before closing it suddenly in 2017.

Mr. Dangelo now becomes part of this 118-year history of local pharmacies. "I hope to become an asset to the Island," he said, and he looks forward to meeting many of the residents. So stop by and take a look around at the newest addition to the City Island business community.

BRIEFLY...

EASTER EGG HUNT: On Saturday, March 31, from 1 to 3 p.m., an Easter Egg Hunt will be held at Grace Episcopal Church Parish Hall on City Island Avenue at Pilot Street. All are welcome! There will be activities for children of all ages, including games, face painting, crafts and egg hunting outside (weather permitting). For more information, call the parish at 718-885-1080.

ANNUAL EASTER FLOWER AND BAKE SALE will be held by the Boy Scouts on Wednesday through Saturday, March 28 through 31, at Trinity United Methodist Church, City Island Avenue at Bay Street. Help support Troop 211 and enable them to continue doing good things for City Island.

CITY ISLAND THEATER GROUP presents David Lindsay-Abaire's "Rabbit Hole" on Friday, March 2; Saturday, March 3; Friday, March 9; Saturday, March 10, at 8 p.m., as well as Sunday, March 4 and 11 at 3 p.m. There will be a champagne reception open to the audience following the show on Saturday, March 3. All shows will be performed at Grace Church Hall, 116 City Island Avenue. For tickets, please call 718-885-3066 or e-mail tickets@cityislandtheatergroup.com. Tickets may also be purchased on line by visiting our website, www.cityislandtheatergroup.com. There will be a brief talk-back with the cast following the performance on Sunday, March 4.

45 BLOTTER

Complaints reported from City Island to the 45th Precinct during January and February 2018. Unfounded complaints are not included in the list.

- 3 – PETIT LARCENY
- 1 – CRIMINAL MISCHIEF
- 1 – LOST PROPERTY
- 2 – BURGLARY

Police provided details on the following incidents for the period from Jan. 19 to Feb. 20, 2018:

1/22 – An off-Island female reported an incident of petit larceny at 1 p.m. on City Island Avenue. An unknown person removed her cell phone from the top of her vehicle.

1/28 – On Winters Street at 7 a.m., an

Island female returned to her parked vehicle and found the front license plate missing.

2/2 – At 10:25 p.m. on City Island Avenue, a male Islander told police that unknown males between the ages of 15 and 17 had kicked and damaged the fences around his parking lot in an act of criminal mischief.

2/4 – An Island female reported a burglary at 6 p.m. on Hawkins Street. The complainant told police that her cellar door had been broken and her water meter removed.

2/8 – At 1 p.m., a female Islander reported an incident of petit larceny. Items she ordered online had been delivered and left at her door. The box had been opened and the contents removed.

2/11 – At a commercial establishment on City Island Avenue, a female Islander left her cell phone to go get drinks and returned to find it missing from the table at 12:30 a.m.



Photo by MARY McINTYRE

The City Island Theater Group will present David Lindsay-Abaire's play "Rabbit Hole" over the first two weekends in March. Here in rehearsal are members of the cast (l. to r.): Elizabeth Paldino, Sarah Eismann, Jaime Arciniegas, Carol Dooner and Steven Bendler. See **BRIEFLY** this page.

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Photos by RICK DeWITT

On Feb. 4, 2018, Trinity United Methodist Church welcomed more than 60 scouts for Boy Scout Sunday. Before the service, Pastor Dave spent a few minutes speaking with the Scouts and welcoming them and their families to Trinity. That day was also Trinity's annual Souper Bowl of Caring, and the Sunday School is grateful for the Scouts' participation.

MTA Reviewing City Island Bus Service

By BARBARA DOLENSEK



Photo by BARBARA DOLENSEK

Representatives of the MTA met with members of the City Island community at a meeting chaired by Civic officer John Doyle on Thursday, Feb. 22, 2018, to discuss issues and problems relating to bus service to and from the Island.

Three representatives of the Metropolitan Transit Authority (MTA) met with members of the City Island community on Thursday, Feb. 22, to discuss various issues and complaints relating to bus service on the Island. Jackie Carter, Assistant Director of the Bronx office of MTA Government and Community Relations, spoke on behalf of the MTA and took copious notes, as did her colleagues, in response to questions raised by those in attendance.

John Doyle, Corresponding Secretary of the City Island Civic Association and chair of the Civic's Public Safety and Municipal Relations committee, led the meeting. He noted that it was the first one held since 2015, when Ms. Carter and others from the MTA came to City Island and that it had taken well over two years for this second meeting. However, he was clear in acknowledging that the MTA had received over 700 complaints during that time relating to bus service and that one request had been partially answered: the addition of bus service at 1 a.m. during the week and at 2 a.m. on weekends, which began on July 27, 2017.

Because the restaurants close at different times during the early morning, requests were made to have 24-hour service so that workers leaving the restaurants won't have to hire taxis, walk through a dark Pelham Bay Park or ride bicycles. It was recalled that one such worker riding her bike home in the early morning hours was killed by an automobile just beyond the City Island Bridge.

Several Islanders who take the bus regularly noted that bus drivers leaving Pelham

Bay Station for City Island often claimed that the fare boxes were broken or refused to take transfers, perhaps to speed up the route or to report low ridership. Ms. Jackson and her colleagues reported that ridership was the primary factor used in evaluating the need for service, although Islanders pointed out that City Island's unique location off the mainland should be taken into serious consideration in evaluating the need for better service.

Others reported that the dispatcher at Pelham Bay Station was hard to find in order to find out when the City Island-bound bus would arrive. There were many complaints that buses for City Island often left early, before their scheduled departure times, or that there were very few of them.

Many who were in attendance felt that the City Island bus, BX 29, should be separated from the Bay Plaza line and run only to and from City Island, a request that Ms. Carter said she would look into. She noted that the bus cellphone app, which many riders use in order to determine arrival and departure times, was often not accurate, nor were the published schedules posted at bus stops, and she said that they will be reviewed. She also agreed to attend another meeting in six months to discuss progress with these issues.

She suggested that all complaints, which up to now have been transferred from the City Island Civic Association Facebook page to Ms. Carter, should be called in directly to 511 or e-mailed to the MTA via its website, www.mta.info. John Doyle suggested that copies of these e-mailed complaints be sent to city.island.civic@gmail.com.

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The Good Old Days

To the Editor:

Thank you for the great story on the designation of the two City Island houses by the Landmarks Preservation Commission. I am particularly pleased by the news concerning the house at 30 Centre Street, which was built by Samuel H. Booth, my great grandfather.

I am 85 years old, and my grandfather, George S. Booth, was one of three sons of Sam Booth. We called one of them Uncle Bert and the other Uncle Ray. Uncle Ray was the youngest of the three. He was short and squat, and it seemed he was always digging in his garden at 30 Centre Street. He didn't live there; he lived on Schofield Street. Uncle Bert lived alone at 30 Centre but Uncle Ray seemed to be the caretaker. The house was old and the property was huge, at least by City Island standards when I was a kid.

My grandfather lived next door but between the two houses was at least 100 feet of yard, with a vegetable garden and a stand of evergreens that measured 30 to 40 feet high. For some reason, there was a pile of slate stacked behind Uncle Ray's garden. In retrospect, it probably came off some roof or other. It had been frugally saved for another purpose but

had never been used. To us kids, it was always a mystery.

Also, behind his garden, hanging from the grape arbor was a Mason jar containing a mysterious liquid. It was our weather forecaster. It contained, we were told, "shark oil" taken from a City Island dogfish—a sand shark. When it was clear, the weather would be clear. When it was milky, the weather would be either cloudy or rainy. And it worked.

In those days, each street was approximately one to two blocks long and ended at the water's edge, usually a pile of rocks or a collection of pebbles, clamshells and eel grass. Island kids learned to swim about the same time we learned to walk, and we spent our summer days at the end of the street. We called it the "beach," which it clearly was not.

In the case of my cousins and I, we would head down to the "beach" every day, stop in Uncle Ray's yard to get a couple of tomatoes to go with the salt our moms would wrap in wax paper, grab a bunch of grapes if they were in season and then stop at the jar of shark oil. If it was clear, it was going to be a great day. If it was cloudy, it was going to be a long day. Uncle Ray's tomatoes tasted terrible in our kitchen!

Doug Hearle

Landmark Lament

To the Editor,

We are writing in response to the article in last month's *Current* regarding the granting of landmark status to our home at 30 Centre Street on City Island. Krista King, who was not mentioned, is half owner of the house. We believe the house was built around 1873, according to some papers we found while doing a renovation.

In our opinion, there is no upside

in having landmark status other than bragging rights, and in fact, it has the potential of devaluing the property, as it places limitations on what improvements can be done to the house. In addition, onerous permit requirements that might be needed, with no compensation, are problematic. In closing, we feel that the Landmark Commission should not have the right to place their restrictions on a private home.

Wes Rodstrom
Krista King

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“An Antique Like Me”

By KAREN NANI



Photos by KAREN NANI

Longtime Islander Ruth Markowe (above) is devoted to her antique business, Early Ruth, at 315 City Island Avenue, which offers one-of-a-kind pieces like the gypsy fortune teller arcade game (right).

The following is another in a series of profiles of City Island businesses and long-time Island Current advertisers.

Ruth Markowe, the owner of Early Ruth Antiques at 315 City Island Avenue, did not start out as an antique dealer or a City Island resident. But she and her business are now here to stay.

Originally from Brooklyn, Ruth lived with her parents, Molly and Ben, and her two sisters until the age of 21. After attending Erasmus High School and Long Island University, she moved to Manhattan “seeking freedom. I found an apartment in the Village on Christopher Street for \$86 a month, but I didn’t even have any furniture,” she fondly reminisced.

She worked for an animal talent agency called All Tame Animals, which supplied four-legged guest stars for television shows like “Captain Kangaroo.” A natural salesperson, Ruth then worked at Bloomingdale’s and for various trade shows giving sales presentations.

Along the way, she was briefly married

and had a son. After she and her husband divorced, Ruth moved to New Jersey with her sister but missed the excitement of Manhattan.

So she returned to the city in the 1980s and eventually started her own employment recruiting agency, called Staff by Manning. “We had the most beautiful office on 57th Street, and I always believed in the personal touch when it came to recruiting. We would meet all the candidates face to face, and we had a great reputation for finding the best talent.”

Ruth worked hard and had an excellent staff, including Islander Marje Kos. She regrets that the job recruiting business has gone the way of the Internet these days, but her agency was successful for over 20 years.

While living in Manhattan on the upper East Side, Ruth would peruse the New York Times real estate section. She noticed “a tiny ad for a bungalow on City Island. I thought it would be nice to have a place to go to on weekends.”



She met with realtor Jackie Kall and purchased the bungalow on Carroll Street. Ruth loved it so much that she started looking for waterfront property and eventually purchased 1A Carroll Street on Eastchester Bay.

Possessed with a keen eye for real estate, Ruth eventually owned several properties on City Island, including her current home on King Avenue, next to her first Island friend, Jackie Kall.

“I found out from Jackie that this house was coming up for sale. It was a Sears house that came from the catalogue, and I loved the size of the property and the water views,” she told *The Current*. This reporter referred her to the article in the January/February issue about some of the other Sears houses on City Island, one of which was recently landmarked.

Probably her most important purchase was the building that now houses her business on City Island Avenue. “I had a bad tenant, so I got rid of him and opened my own antique business.” But how did she go from an employment agency to antiques?

“I used to walk my son in his stroller along Third Avenue, and there was a great antique store on 37th Street. I bought my first painting from the dealer of a beautiful woman holding eyeglasses. I still have it!” The energetic Ruth then started collecting and by 2002, she had enough antiques to fill her own store.

“They were all originally in my office in Manhattan. When I closed the business,

it took us four days to pack up all the art,” she recollected. Then she opened Early Ruth in the ground floor of the building between Fordham and Bay Streets.

“I got the name from the many people who called to sell me their ‘antiques.’ When I asked how old the pieces were, they often described them as ‘early,’ which many of them were not. But I laughed and named the store after their description.”

Ruth’s entertaining sense of humor serves her well in the antique business. She sells pieces that are both beautiful and whimsical, such as her talking fortune teller arcade game, which resembles the one from the movie “Big.”

What does the future hold for the indefatigable Ms. Markowe? She joked: “I am an antique just like my stuff,” although she would not reveal her actual age. She loves animals and has 12 cats (“I buy 60 cans of cat food each time I go to Stop ‘n Shop”). She plans to volunteer at the New Rochelle Animal Shelter and get involved helping dogs as well.

She loves City Island and reads *The Island Current* as soon as it arrives. Ruth can be seen driving around in her 1963 turquoise Rambler station wagon. She still loves Manhattan and her son lives in Queens, so she has connections to almost every borough.

Ruth owns the lot alongside her business and holds yard sales there on occasion. “That section is called the ‘Happy Hoarder,’” she said with a smile that hinted at a self-description.

Viacommunity Day to Celebrate the Island’s Nautical History

By BARBARA DOLENSEK

Once the volunteers from Viacom have done their magic on Friday, April 20, Island residents and visitors alike will be able to see first hand much of what has given City Island’s its historic position as a maritime center.

Viacom is a major corporation based in New York, and every year its employees sign up to volunteer at different venues throughout the country. This program, called Viacommunity, has a simple mission: to better the communities which Viacom serves and to make a positive social impact on the people through education, health and wellness, environment and citizenship.

This year, the company has chosen City Island as a community in which the Viacommunity impact can be felt by focusing on the Island’s nautical history.

Large photographs of sail lofts, ship yards and beautiful boats, including successful defenders of the America’s Cup and other famous yachts, will adorn Island shop windows, enhanced by strands of nautical flags. Plans include the placement of im-

ages of a minesweeper and a PT boat on the fence of the Nevins yacht yard lot where they were built for the Navy in World War II.

P. S. 175 will have its own boats refurbished, including the *Half Moon* in front of the school and the half hull to the left of the front door. Also in the works is a mural on the side of the school building celebrating the history of the Nevins yard that was on the site until it closed in 1962.

Other areas on the Island will be cleaned, refurbished and otherwise beautified by the volunteers on Viacommunity Day, but they will also need help from some Islanders who may be able to provide ladders and buckets to help prepare the sites the week before the event.

Maria Caruso is organizing the effort, which is being sponsored by the City Island Historical Society and Nautical Museum. Anyone interested in pitching in and offering their own helping hands are encouraged to call 917-797-4524 or e-mail info@cityislandmuseum.org



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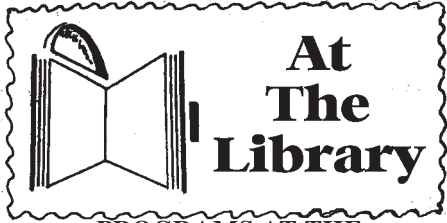
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MARCH CHILDREN'S PROGRAMS

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Circle Time: Children from birth to 3 years old and their caregivers can enjoy stories, songs and finger plays while spending time with other toddlers. Limit of 15 children with their caregivers. Craft included. Every Tuesday from 11 to 11:45 a.m.

Read & Play: Children from birth to 3 years old and caregivers can take part in wonderful stories, discover amazing toys, and meet new friends in this fun, informal program. Limit of 15 children with their caregivers. Every Friday from 11 to 11:30 a.m.

Craft-A-Way: Drop in and participate in creating projects related to a theme or holiday. Ages 2 through 5. Friday, March 16, at 11:30 a.m.

MARCH TEEN AND TWEEN PROGRAMS

Don't Judge a Book by Its Cover: An exciting poetry workshop where student work is generated/inspired by the books around them using "found material" techniques. Students will explore the library's collection of books, generate list of their favorites and write poems that draws inspiration from them. We will

explore the link between imagery and the art of inference as a tool to help the writer tell a complete story. Wednesday, March 28, at 3 p.m.

After-School Lounge: Come to the library after school for studying and a chance to unwind. Monday through Thursday from 3 to 4:30 p.m.

Friday Afternoon Activities: On Fridays at 3 p.m. we plan a series of special activities to celebrate the beginning of the weekend, so check out this month's events and come hang out with us!

March 2: Wii and Board games; March 9: Wax Art Candle Craft; March 16: Wii and Board Games; March 23: Stained "Glass"; March 30: Wii and Board Games.

MARCH ADULT PROGRAMS

Maya Angelou Documentary: Journey through the prolific life of the "I Know Why the Caged Bird Sings" author and activist, who inspired generations with lyrical modern African-American thought. Features new interviews with Oprah Winfrey, Common, the Clintons, and others. Saturday, March 3 at 1 p.m.

Unwind Your Mind: Are you a caregiver for someone 60 years of age or older? Please join us for our Circle of Care Lounge, a support group for family caregivers. Participants will share tips, ideas and challenges while offering each other encouragement. Presented by PSS Circle of Care. Thursday March 1, from 10 to 11:30 a.m.

City Island Scrabble Club: If you're looking for some friendly competition, then join our Scrabble Club! Come in and flex your vocabulary muscles. Note: Limited to 16 participants, registration required. Thursday March 8 and 22 at 1 p.m.

City Island Book Club: Call or stop by the branch for more information. Monday, March 5 and 26, at 5 p.m.

The Island Writers: This is a group for all who are interested in writing professionally or personally. All are welcome, so come join in on the literary fun! Every Tuesday afternoon from 1 to 2:30 p.m.

One-on-One: Computer, Tablet, and Resume Instruction: Stop in, or call to make an appointment for one hour of personalized instruction that addresses your questions and concerns. No computer? No problem! We have computers available for instructional use. Registration required.

Saturday Afternoon Movies: Feature movie titles, varying in length. At 1 p.m. March 10: "The Promise"; March 17: "Baby Driver"; March 24: "The Last Knight"; March 31: "Split"

Some programs require advance registration, which can be done in person, or by phone. All programs are free!



Bartow-Pell Events

The annual Pysanky Workshop will take place this year on Saturday, March 3, from 11:30 a.m. to 3:30 p.m. Learn the time-honored art of creating intricately patterned Ukrainian Easter eggs, and make your own using a wax-resist technique at this hands-on workshop. Instructor Alesia Kozicky has been making pysanky all her life and has taught for over 25 years. Her work has been widely displayed, including at the Library of Congress and libraries throughout Westchester. Hot wax and permanent dyes are used, so dress accordingly. Ages 12 and older. Please bring a bag lunch. Registration required; call 718-885-1461. Cost: BPMM Members: \$15; Not-Yet BPMM Members: \$20 (includes admission to the museum and materials fee).

The Bronx Opera Company will present a program on Sunday, March 4, at 4 p.m. Here's your opportunity to enjoy an afternoon of an art form that has withstood the test of time. Michael Spierman, Artistic Director of the Bronx Opera Company, has put together a wonderful program featuring three members of the Bronx Opera Company accompanied by solo piano. Cost: Free with museum admission.

Dining Out in the 19th Century is the subject of a talk on March 15, at 7 p.m. by

author and Yale professor Paul Freedman as he discusses two chapters from his recent book "Ten Restaurants that Changed America." Learn about the evolution of modern restaurant dining through a close-up look at Antoine's and Delmonico's, two New York City establishments that left an indelible mark on the American dining experience. Cost: Free to BPMM Members; Not-Yet BPMM Members: \$10.

Bartow's Literary Elevesens will meet on Saturday, March 17, from 10 to 11:30 a.m. Join Museum Guides Laura DeRiggi and Caitlyn Sellar as they lead a historical-fiction book club where literature and tea blend for a savory adventure. Check online at bpmm.org for the current book. Tea and light refreshments will be served; please bring a sweet or savory snack for the group to enjoy! Come be part of the fun. Registration requested. Cost: Free.

The famous Easter Egg Hunt will be held on March 24, from 10 a.m. to 1 p.m. This is the one day when it's okay to put all your eggs in one basket! Children 2-12 hunt for eggs, enjoy arts and crafts and have photos taken with the Easter Bunny. Please bring your own basket. Get tickets online at bpmm.org. Rain date: Sunday, March 25, 1 to 3:30 p.m. Free parking across the street in Pelham Bay/Split Rock Golf Course parking lot. Cost: BPMM Member Children: \$10; Not-Yet BPMM Members: \$15.

Bartow-Pell is kicking off its 2018 First Friday series on April 6 from 5:30 to 8:30 p.m. with Hudson Valley Sally! Enjoy the music, explore the museum, and stroll the garden; light refreshments available. The free trolley makes an hourly loop starting at 5:25 p.m. from the #6 Pelham Bay Park subway station to BPMM to City Island. Registration requested. Cost: BPMM Members \$5; Not-Yet BPMM Members: Adults \$15; Seniors/Students \$10.

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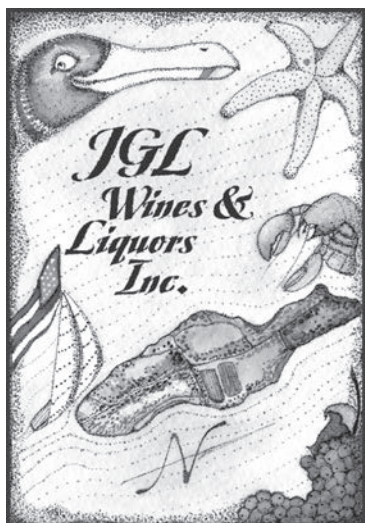
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PROGRESSIVE



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Boat Show 2018

By GREG CLANCY



Photos by GREG CLANCY

Patrick, James and Matthew Clancy with Capt. Dave at the Harlem Yacht Club booth.

Shortly before Christmas I found myself pondering life and dreaming of spring. I thought of my boat, the *Kitty Clyde*, and the endless memories I've had on her. Winter days often find me day dreaming of the high seas of Eastchester Bay. Not only do I think about the endless fun of a boat, but the endless work as well. As a good old-fashioned City Island "do-it-yourself" boater, I spend my winter thinking about all the work to come. Take the cover off, start my engines, paint my bottom . . . the list goes on and on. I'm told that there is a certain kind of boater out there who fiddles with something called sails instead of engines, and that apparently takes some work too.

The key to all of this is not to get so tied up in the work that we let the season pass us by. For you non-boaters out there this may seem strange, but there is a certain class of boating perfectionists who could find themselves in late August still in the boat yard and still trying to get ready for spring. We occasionally have to hit the pause button and just enjoy it, and there is no better way to do that in the winter than to visit the Progressive New York Boat Show!

Accompanied by my own crew, including Admiral Meaghan and my first, second, third and fourth mates, we walked straight into Marine Max and the exuberant new owner of a Sea Ray 280 SLX. This young lady and her two kids had set up camp on the model of "her" boat, eager to describe her new bow rider. As I tried to find an actual salesman, I couldn't. Sea Ray was a mob scene and the sales staff was overwhelmed. In fact, all of the Marine Max brands were super busy, including Boston Whaler, Scout and Sail Fish. When we finally found salesman Shep Ashton, he told us that they had already sold 50 boats! Just three and a half days into the five-day show, Marine Max had far surpassed their wildest expectations. Shep went on to say that this had been the best New York Boat Show he had seen since Hurricane Sandy. I would go a step further. In my own observation, the Boat Show has been on life support since the Great Recession hit nearly 10 years ago. Last year the show finally showed some life, but this year we saw sales galore. Marine Max was just

the beginning.

On our way out of Sea Ray we spied a beautiful teal-colored Sailfish in the next exhibit. Since it was built for fishermen, we weren't surprised to find City Islanders John Fusco, Bill McGhee and Dino Esposito spying a Sailfish 290CC. Sporting twin 300-horse Mercuries and listed at \$176K, this was one of the more affordable twin-engine center consoles on the entire floor. I could easily see John, Dino and Bill out on this beauty.

Next, we headed to one of my favorite makes, the practical and compact diesel-driven Cutwater. For a person on a middle-class budget who is interested in an efficient boat made for long trips, Cutwater is a must see. For years Cutwater had a major presence at the Boat Show, but here we found them with only two smaller boats, including a 24-foot coupe. I was disappointed and concerned for Cutwater until their salesman Mark Mansfield explained their reduced inventory. He said that they were running out of stock. Demand has been so high this year that they are simply running out of boats to sell. Wow!

Every year I try to discern the difference between new innovations and gimmicks. Quad outboards always struck me as a gimmick, a demo boat, but after many years there were at least three makes still bringing quads to the show: Formula, Regulator and Everglades. Quads don't add up for me because the fourth engine only adds a few knots of extra speed. The trade between a small uptick in speed and the extra fuel consumption doesn't compute. If we consider a trip from Long Island to the shelf, say about 90 miles, a quad 300-horse gas fishing boat traveling at over 30 knots could easily consume 500 gallons of gas. To make this trip in a twin screw 200-horse diesel cruising in the high teens might require 200 gallons to make the same trip. Time is money, I suppose, but if the quads are here to stay, it's probably got more to do with their effectiveness when fishing for babes (not marlin).

Aside from the quads, I am also unimpressed at large center consoles with a flybridge. Regulator, Boston Whaler and



Pictured (l. to r.): Greg, Jonathan, Matthew, Patrick and James strike a family pose on the Azimut Verve 40.



Really? No wood? Horrors!

Everglades make these unwieldy cyborgs. This is a relatively new demo, and it doesn't work. Mixing a center console and a fly-bridge cruiser is like mixing a jib and a spinnaker. It's not really a thing. You just have to pick one.

A few recent fads have mostly disappeared from this year's show. Earth-toned hulls fall into this category. Last year we saw the more traditional whites, blues and teals replaced by copper, gray and olive drab. Landlubbers like Admiral Meaghan liked "all the new colors," but I was skeptical. This year I found that blue and white once again dominated the show floor. Blue in particular is more popular than ever and no longer just for down-easters and million-dollar cruisers.

Another thing that is disappearing is wood, at least in some brands. Sea Pro proudly boasts "100 % Wood Free Construction" as shown in photo. Speaking of the ghosts of boating past, I think a few of our old City Island boat builders would be rolling in their graves at such a pronouncement. When I was a kid, my father had a sign up in the house saying, "If God wanted us to have fiberglass boats, he would have planted fiberglass trees." In fairness, I think Sea Pro is boasting the end of the balsa core, a layer of lightweight wood used in fiberglass hulls to provide stiffness without too much extra weight. The balsa core was not a bad idea, but many an older boat have suffered serious maintenance issues due to their balsa cores. Sea Pro might be onto something here, but they could have been a bit more sensitive to us crotchety old traditionalists.

Halfway through our visit, we saw the queen of the show, and then another queen,

and then another queen. The Azimut Verve 40 was desperately trying to be the queen (listed at \$788,894), Formula's flagship, the 45 Yacht (listed at \$1,058,900 and showed off by City Island's own Mary Dannegger) wasn't quite trying to be the queen, but she was doing a pretty good job of it nonetheless. Then came Sabre's 45 Salon Cruiser. This classic down-easter sported two state-rooms, two full heads, two captain's chairs and two beautiful white 435-horse Volvo Pentas. If not for the Volvos (with notorious parts and maintenance issues), this beauty might have even surpassed Hinckley in my book. For you landlubbers out there, Hinckley is the Rolls Royce of power boats under 50 feet.

Going back to the Azimut Verve for a second, she is striking but a bit too Euro-modern for my tastes. She's full of angular lines, dark colors and an overuse of synthetic materials and homey (not nautical) finishes. Azimut does, however, boast a "Seakeeper," an advanced gyro that works to keep the vessel stable even in a beam sea. Last year my boss at RXR Realty bought a brand new Azimut Verve 40. I had one ride on her in the Atlantic off the coast of Fort Lauderdale, and I'll tell you that the Seakeeper really worked. It cut rocking down by at least half, especially when stopped or at idle. On the downside, the Azimut Verve does not have any cup holders at the helm, which is a show stopper for me. But if that weren't enough, my boss traded in his Verve after only one season. He switched to a custom-built Hinckley and had Hinckley install a Seakeeper, although it is not a standard offering for them.

As I left Azimut behind, I noticed a

Continued on page 9

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Boat Show

Continued from page 7

woman who looked ready to buy. She might have been from the show "Real Housewives of New Jersey." As I passed her by, I heard her loudly comment "Can you believe that there's a law that you have to have one of these things on every boat, it's so stupid!" She was pointing at the compass. Oh, brother. If you're with me on this one, I do not need to explain. If you don't get it, then the 2,000 words allotted to me by my fearless editors Karen and Barbara wouldn't be enough. Where is Sally McCheap anyway? She would have given me 4,000 words, right after rejecting my parking expense.

Here was another fun moment at the show. I discovered that my kids can do anything they want on any boat so long as I begin the visit by declaring "I'm in the market, what kind of terms are you offering?" I not sure I even know what that means, but if you say it with confidence, then your kids are permitted to push every button, pull every lever and work every door and hatch they want to (and trust me, they did!). I saved this move for the likes of Jeanneau, full of signs like "no sitting on the bed" and replete with frowning salespeople. Humbug!

Jeanneau has been at the show forever, but the best newcomer to this year's show

was easily the Rossiter, an old Canadian make that had never come to New York before. With a line of classic looking day boats in the low 20-foot range, I found her to be a bit of a throwback. In the low \$100s, they were not heinously priced. They're not quite in the Glastron price range, but they sure weren't Chris Craft either. The Rossiter is not like any new boat on the market right now, very traditional, very old-fashioned. It's what you might have hoped Chris Craft would have become before they sold their soul to the Martha's Vineyard millionaire crowd. With a single outboard per boat, Rossiter comes with lots of traditional finishes and simple lines. They have a sentimental appeal and might even fly with the oldtimers down at the Harlem Yacht Club. Speaking of the HYC, we made a brief visit to their booth and met Commodore Peter Truffino. He was joined by Captain Dave Jenkins, who is opening a sailing school at the HYC this summer. Swing by the club come spring for details.

Overall, we had a great Boat Show with lots of laughs and even a few new insights. Whether you're thinking of days gone by or the looming presence of spring, I am hopeful of our boating future. I haven't seen the bustle and optimism of this year's show in quite a long time, and that was very encouraging. Best of luck to you all as the season begins. I look forward to seeing you on the high seas!



Photo by JAMES BREEN

The placement of the water main on the new bridge is not permanent; the pipe will be placed beneath the new bridge once the temporary bridge has been removed.

Traffic Problems

Continued from page 1

ected. Con Ed expects to complete this part of the project by the beginning of March, but it is likely that the road will remain a mess for the foreseeable future.

Although it is still winter as of press time, City Island got a hint of the potential traffic jams that are in store later in the year on Feb. 21, when the 70-degree weather brought out summer-like traffic on to the Island that quickly backed up to Turtle Cove, thanks to the stop-and-go, one-lane access to City Island Avenue. The traffic jam was not helped by the fact that the white stanchions installed by the New York Police Department (NYPD) at the City Island circle encouraged many drivers to avoid them altogether and cut into the southbound lane on City Island Road, causing confusion and

anger. Drivers who stay to the right of the stanchions are often fearful of the potholes and broken pavement along the right side of the traffic lane.

Some of those caught in traffic complained that the NYPD was nowhere to be found during the traffic jam, but like everyone else, the police were clearly not prepared for a sudden traffic jam at this time of year. The usual summer detail isn't expected to begin until at least the end of June, although the 45th precinct is aware that certain occasions, such as Easter and Mother's Day can bring out the crowds. The Island was well staffed with police on Valentine's Day, but the expected crowds didn't materialize.

Given the fact that construction at the north end of the Island is expected to continue for at least another two years, Island residents and visitors alike should prepare themselves for delays in both directions.

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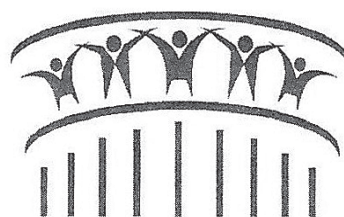
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Organization News

News on this page concerning organizations, and events listed in, are submitted by representatives of those organizations. A limit of 150 words is requested for all news items submitted. In most cases news will be edited and every effort will be made to preserve the substance of longer items. News and calendar events must be received by no later than the 20th of each month except December and July. If the 20th falls on a holiday or Sunday, the deadline is the 19th. Mail submissions to P.O. Box 6, City Island, NY 10464. YOUR NAME AND PHONE NUMBER MUST BE INCLUDED.

Current Calendar

MARCH

Fri., March 23, **Designer Bag Bingo** sponsored by the PTA of P.S. 175, 6:30 p.m., Morris Yacht Club, 25 City Island Avenue.

Sat., March 24, **POTS Program**, St. Mary's School Yard, Minneford Avenue and Kilroe Street, drop-off between 4:30 and 5 p.m. Menu: chicken with peppers, onions and potatoes.

Tues., March 27, **City Island Civic Association meets**, 7:30 p.m., Community Center,

Wed., Thurs., Fri., March 28-31. **Boy Scout Easter Flower and Bake Sale** at Trinity Methodist Church, City Island Avenue at Bay Street.

Sat., March 31, **Community Easter Egg Hunt**, Grace Episcopal Church, City Island Avenue at Pilot Street, 1 to 3 p.m.

APRIL

Sat., April 7, **Temple Beth-El Gala Dinner Dance**, Pelham/Split Rock Golf Courses, 7 to 11 p.m.

Sat., April 14, **Spring Fair**, Trinity Methodist Church, City Island Avenue at Bay Street, 11 a.m. to 3 p.m.; lunch served 11:30 a.m. to 1:30 p.m.

AARP Chapter 318

We meet on the first and third Wednesday of the month at 1 p.m. in Trinity Methodist Church hall on Bay Street. Our first meeting after the January/February break will be Wednesday, March 7, at 1 p.m. Mark your calendar for March 7 and 21: we will be outlining the activities for all of our spring meetings. Hope to see you all on the 7th.

Rosetta Woods

City Island Republicans

Petitions will go out in early March to place candidates for federal office onto the ballot. The annual Bronx County Republican Dinner will be held in April; details to follow.

Fred Ramftl Jr.

Temple Beth-El

Temple Beth-El of City Island (TBE), "your shul by the sea," 480 City Island Avenue, is a stimulating non-denominational place for observance of Jewish traditions. Jewish renewal is the style of our deeply spiritual, innovative, all-inclusive and open-minded worship. Twice a month Rabbi Shohama Wiener and/or Rabbi David Evan Markus lead services with music by Your Band by the Sea. Other times services are led by congregants in a joyful celebratory manner. Events begin promptly, so please come 15 minutes before listed times. Services are followed by a celebratory oneg, delightful refreshments. Reminder: for the health and comfort of all, please refrain from wearing perfume or cologne. We look forward to seeing you at our services.

Temple services are held Friday evenings from 7:30 to 9:30 p.m., with music by Your Band by the Sea.

March 2: Rabbi David – Our Purim celebration, wear white or come in Purim costume.

March 9: Community-led

March 16: Rabbi Shohama and Rabbi David

March 23: Community-led

March 30: Community-led

On Saturday, March 3, from 10 a.m. to 6 p.m. is Shabbaton. Join clergy and your TBE family for an immersive Shabbat experience of Torah, music, dance, food, healing, mysticism, learning and more.

To RSVP for Shabbat potluck luncheon, please register under events on our website www.yourshulbythesea.org.

On Friday, March 16, from 7:30 to 9:30 p.m., is our annual commemoration of Women's Herstory month.

On Saturday, March 31, from 6 p.m. to completion, is Passover Seder Second Night, fully catered with all the trimmings, soup to nuts. The charge is \$59 for members and \$69 for non-members. Please register at www.yourshulbythesea.org.

On Saturday, April 7, from 7 to 11 p.m., come celebrate with us at our Gala Dinner Dance commemorating our 84th year. Event held at the beautiful Pelham Bay and Split Rock Golf Courses. Please register at www.yourshulbythesea.org. To donate silent auction items, please contact Paul Klein at 718-885-3090.

TBE invites the City Island Community for our yoga class on Monday evenings from 7:30 to 9:30 p.m. with Daniella Haney (Patreesha Sat Inder Kaur), certified instructor in spiritual disciplines of breath and body. Suitable for all persons, ages, body types and experience levels. Dress in loose-fitting clothes: participants can take session on the ground (mats and pillows provided) or sit in a chair. Tea and cookies served after sessions. Suggested freewill offering \$10 per session. RSVP to Daniella at kyncyc@aol.com.

Oneg sponsorships. An oneg is an offering of refreshments after Shabbat services. Onegs, a joyful moving community celebration, are often sponsored by people commemorating special events to honor others or their own special occasion (e.g., birthday, anniversary, new job, yahrzeit, memorial etc.); and you can also sponsor an oneg just because you feel like it. To do so or to find out more information, please contact Violet Smith at 718-885-0978 or at violetsmi@aol.com.

For additional information, check out our website at www.yourshulbythesea.org.

Ellen Ruth Topol

American Legion Auxiliary Unit 156

Laura Booth, president, and Joanne Valletta attended the ALA Mid-Winter Conference on Jan. 19 and 20 in Albany, where members of the American Legion, American Legion Auxiliary and Sons of the American Legion had the opportunity to attend committee meetings, workshops and information stands and to hear guest speakers. Joanne won the national poster session for Unit 156 at the conference out of 14 entries. The poster highlighted our unit's events, activities and fundraising and is on display at the Leonard Hawkins Post.

Saturday, Feb. 3, was National Sewing Day. Harlan Sexton, secretary for the auxiliary, hosted a Quilts of Valor sewing event, which was open to all members whether they sewed or not. Joanne Valletta, Sandra Panzarella, Karen Figuera, Susan O'Keefe Vaughan, Vivi McGuire, Ethel Lott and Cathi Swett participated. Many thanks to Ethel Lott, who kept us focused and was an expert on the sewing machine (fast too). Our final quilt will be donated to a City Island military veteran. We are proud to be part of this program.

The Post's annual St. Patrick's Day Dinner, hosted by the Auxiliary, will be held on Sunday, March 11, from 2 to 6 p.m.; \$30 per person. To make a reservation, please call 718-885-0639.

On Saturday, March 10, Meaghan Clancy, Jane Gelsi and Jen Sortino will be raising awareness for our national Poppy Program, working with our youth and schools to submit poppy posters for the ALA National



Photo by JOANNE VALLETTA

Congratulations to Ron Terner of Focal Point Gallery and American Legion member. Ron received the Community Service Award from Post 156 Commander Pete DelDebio and the Legion family, which appreciates his dedication and professionalism in photographing Legion events.

Contest. Good luck to all!

"Purple Up Day" is Friday, April 27. This is a time for Americans to show their support for military families. Purple is the color that symbolizes all branches of the military, a combination of Army green, Marine red and Coast Guard, Air Force and Navy blue. The goal of "Purple Up" is for military youth to see the support in their school, youth groups and the community. Meaghan Clancy, Jane Gelsi, Jen Sortino and Joanne Valletta will be sponsoring a craft and information event on Sunday, April 22, in conjunction with Earth Day at the Leonard Hawkins Post. Additional information will be posted for the community.

Joanne Valletta

Trinity United Methodist Church

Our weekly worship service and Sunday school are at 10 a.m. Holy Communion is celebrated on the first Sunday of each month. Trinity often has a coffee hour after the service. Come and join us for worship and fellowship. Children's Sunday school takes place during the 10 a.m. service. All children are welcome to attend.

Trinity United Methodist Church's annual Lenten Bible Study began Feb. 18 and is running for five consecutive Sundays, ending after March 18. This season's study is of the New Testament First Letter of Peter. George Cavalieri, lay servant of Trinity, will lead and instruct the group according to the subjects as presented in the biblical texts. The gatherings are held in Trinity's Fellowship Hall from 11:15 a.m. to 12:30 p.m.

On April 1 the annual Easter sunrise service will be held at 6:30 a.m. in Pelham Cemetery on King Avenue. This is a celebration of the resurrection of our Lord and Savior Jesus Christ. An unofficial ecumenical meeting to be led by George Cavalieri, and all believers are welcome to attend and participate regardless of their Christian denomination. Please dress warmly; in case of inclement weather, the gathering will be held in Trinity's Fellowship Hall at 7 a.m.

At Trinity's home on the web (www.trinityofcityisland.org), you will find all things Trinity, including some background on Trinity's new minister, Reverend David Jolly.

The Budget Shop is open. Stop in and see what is new. Trinity is thankful for City Island's continued support, both in the vol-

unteering of time and the generosity of the donations.

Rick DeWitt



Sons of the American Legion Squadron #156

Dues for 2018 (\$30) are now due. New members are always welcome. If you are a male descendant, step-descendant or adopted descendant of a veteran set forth in the dates established by Congress, we would love to have you as a member. Stop by the Post to pick up an application. We will also need a copy of a DD-214 from your relative.

Our next meeting will be held on Thursday, March 8, at 7:30 p.m.

It's party time! When booking your next party, consider the Legion Post. Members receive a discount rate on all hall rentals.

Fred Ramftl Jr.

REGULAR MEETINGS

Weekly Twelve-Step Meetings on City Island

Narcotics Anonymous:

Fridays at 7:30 p.m., St. Mary, Star of the Sea Church, City Island Avenue near the Bridge.

Thursdays at 8 p.m., Trinity United Methodist Church hall, 113 Bay Street.

Alcoholics Anonymous:

Mondays at 8 p.m., Trinity United Methodist Church hall.

Tuesdays at 8 p.m., St. Mary, Star of the Sea Church.

Wednesdays at 7:30 p.m., Grace Episcopal Church.

Saturdays and Sundays at 7:30 a.m., AA open meetings at City Island Community Center, 190 Fordham Street.

St. Mary, Star of the Sea Church: 718-885-1440

Trinity United Methodist Church: 718-885-1218

Grace Episcopal Church: 718-885-1080

Al-Anon

Wednesdays at 7 p.m., 331 City Island Ave, Bronx, NY 10464

Overeaters Anonymous:

Saturdays at 11 a.m., Grace Episcopal Church: 718-885-1080



For additional information about the Community Center, or if you are interested in conducting classes here please call 718-885-1145.

Don't miss our exciting March 4 fundraiser, "A Taste of Italy." This is an opportunity to sample the finest Italian wines, cheeses, pastas and olive oils, as well as to enjoy beautiful Italian music by Freddie Lando and Joseph Gelsi. Stock your pantry with the best of Italian products at wholesale prices while helping the CI Community Center. There are still a few tickets left, so secure your spot with Francesca. Check out the details below.

The annual Pysanki Egg Decorating class will take place on March 18 at 12 noon, thanks to the family of Jay Howard, including Norma and Gloria, who will help you to create beautiful and unique decorated eggs.

Annual membership to the CICC is only \$30 for families and \$20 for individuals. To join the Center, to request our brochure, and for up-to-date information, visit www.cityislandcommunitycenter.org, or call 718-885-1145, or like us on Facebook and check FB for any changes in classes.

The Center is run by a volunteer board of directors, who meet on the first Tuesday of each month at 7 p.m. in the Community Center Main Room at 190 Fordham Street. All members are encouraged to attend this open meeting. We always welcome and really need volunteers and donations.

COMING UP

A Taste of Italy: Sunday, March 4, 12 noon to 3:30 p.m. or 4 to 7:30 p.m. The cost for members is \$25, for non-members \$30. To register, contact Francesca at 914-837-6830 or thevitalforce@gmail.com.

Pysanki Egg Craft and Decoration: Sunday, March 18, 12 noon. Join Norma Howard and Gloria Pisman to decorate eggs in the colorful Ukrainian tradition.

Craft Crop Fair and Workshop: Saturday, March 24, 12 noon to 6 p.m. Welcoming all adult crafters who like to create with card making, paper-scrapping and mixed media. Demali Handcrafts sponsors this get-together for crafters. It is \$35 for a space where vendors can sell crafts and offer classes. For information, please contact Desiree Demali at 914-562-5857 or demalihandcrafts@aim.com.

City Island Community Supported Agriculture: It's time to join! Weekly delivery of fresh organic fruits and vegetable beginning June 4. Contact laurenbriggsrn@gmail.com or call 917-238-0529.

NEW PROGRAMS

AA: Saturdays and Sundays at 7:30 a.m. All are welcome to this open meeting.

Ballroom Dance: Tuesdays at 7 p.m. Maurice Bonilla returns on a new day to teach us how to "Dance with the Stars." It's great fun and good exercise. For information, call 718-502-2825.

Belly Dance: Saturdays at 2:30 p.m. Join Ezma and Amira for this unique fun-filled dance experience and enjoy the benefits of feeling fit and limber. Beginners and all levels welcome. For more information call Amira at 917-251-1269.

City Island Knitting Club: Fridays 7 to 9 p.m. Come on by and have fun with friends and learn a new winter social hobby. Bring \$20 for your first set of needles and yarn. No reservations needed. For information contact Dana Caton at 678-591-1846 or dcaton@gmail.com.

City Island Indivisible: Tuesday, March 13, at 7 p.m., and Sunday, March 25, at 5. Join other concerned citizens who are supporting progressive action on issues

such as health care for all, environmental protection policies, civil rights, women's rights and reproductive health choices, voter rights and public education. We come together to discuss actions, write letters and work together to help find ways to preserve our democratic ideals. For more information, like City Island Indivisible on Facebook.

SCHEDULE OR TIME CHANGE

Bollywood and Indian Folk Dance: Saturdays, Teens/Adults at 4 p.m. Join Lalitha Cosme to explore the dance, energy, movement and culture of India and Indian films. To register or for more information call 646-269-2033 or e-mail lalithadance@gmail.com.

Yoga with Jo Ann: Wednesdays, from 7 to 8:15 p.m., and Saturdays, 8 to 9:15 a.m. Gentle level-one class. Please bring a mat, a strap and, if possible, a yoga blanket. For information, e-mail joannngny@aol.com or call 917-853-4719.

YOUTH PROGRAMS

Irish Dance for Children: Mondays, from 5:30 to 8:30 p.m. Step dancing for all ages taught by Caitlin Nora Kelly. For information, e-mail caitlin.nora.kelly@gmail.com or call 914-262-4517.

Introduction to Art Portfolio Prep: For high school prep or just for fun! To enroll, call Geri Smith at 718-885-1503.

Island Tots: Wednesdays, 10 a.m. Pre-school children get together to socialize, have fun and play. To register or for information, call Barbara at 917-359-1871.

Spanish Classes for Children: Wednesdays and Thursdays after school classes. In this educational program for children grades K through 5, conversational Spanish is taught by experienced school teachers, through fun-filled activities and visits by performing artists. The Español Experience enables children who know a little Spanish to speak more fluently and introduces children who don't know any Spanish to a whole new cultural experience. All skill levels welcome. For more information, call 917-889-4938, or visit www.espanolexperience.com.

ADULT PROGRAMS

Aerobics with Mary: Sunday, Monday, Wednesday and Friday, 9 to 10 a.m. Stay strong with cross fit/aerobic strength training. Call Mary Immediato at 718-885-0793. AFA Certified.

Chess & Card Club: Tuesday at 7 p.m. Come play cards. Wednesday at 7 p.m. Chess taught, played and discussed. All levels welcome. Come on in! Avoid T.V. Have fun. If you plan to attend, call Bill at 718-541-3995.

City Island Civic Association: Meets at 7:30 p.m. on the last Tuesday of every month. Join your community in action.

City Island Culinary Club: Monday, March 5, at 7 p.m.: Make Irish soda bread and explore Southern cooking; Monday, March 19: Feast on Southern cooking. Share recipes and have fun with other Islanders who like to cook. For information, call Kenny Selesky at 917-533-7873.

City Island Drawing Society: Sunday, 11 a.m. to 2 p.m. Find your inner da Vinci and enjoy the art of drawing with Joshua Glick. For information, call 917-721-1419.

Healing Service: Francesca Vitale, RPP, founder and director of The Healing Force, is a board-certified educator and practitioner in polarity/craniosacral/raindrop therapies. Formerly of the NY Open Center, Francesca is an intuitive healer and offers sessions in energy medicine that works to correct energetic imbalances and distortions which leads to clarity of mind and restored health. Partial proceeds given to C.I.C.C. Visit www.thehealingforce.net. For free consultation or an appointment call 914-837-6830.

Weight Watchers Meetings: Tuesdays, from 5:30 to 6:30 p.m. Join our unofficial WW meetings while we build up membership to become official. Enjoy sup-

port and help of a great group with Cheryl Brinker leading. For more information, please call Emily at 718-885-2430 or Patty at 718-885-1891.

Zumba with Julia and Lettie: Saturday, 9:30 to 11 a.m. Want to lose those extra pounds and that belly fat? Well, here is your chance. Join this high energy 90-minute workout with toning. For information, call Julia at 917-601-5514.

Zumba with Lettie: Thursday, 6 p.m. Lettie's very creative class is a real calorie burner and a blast. Classes are \$10. For information, call 917-292-4228.

Patty Grondahl

PSS City Island Center

The mission of PSS City Island Center is to provide neighborhood adults 60 and over with the tools to live life to their fullest, keeping them healthy, engaged and connected through innovative programs and classes. We are not your everyday senior center!

The center is located at 116 City Island Avenue in Grace Church Hall and is open from 9 a.m. to 3 p.m. Monday through Friday. A delicious lunch is served every day from 12 to 1 p.m. Suggested donation: \$2. Programs are funded by PSS and the NYC Department for the Aging.

All programs and events are subject to change. Please call ahead to check if you have not attended before. To receive our newsletter and calendar of events send your email to pat-tis@pssusa.org.

Highlights

March 1, 8, 15 at 1:15 p.m.: A Matter of Balance Class. No new admission after the third class. The class will continue every Thursday through April 19. Instruction, discussions and exercise promotes and increases strength, balance and flexibility.

March 16: St. Patrick's Day Party

April 9, Monday, at 1:15 p.m.: Elder Law

Aging Mastery Program

As part of PSS LIFE! University program, we are pleased to announce that we are the first in the area to offer an innovative new ten class health and wellness program to residents 60 and over. The Aging Master Program (AMP) was developed by the National Council on Aging. This is a wonderful opportunity to participate in and reap the benefits of this cutting-edge program. We are currently recruiting adults ages 60+ to participate in the 10-class program. Not all classes are required, but we encourage you to attend at least seven.

AMP is a fun, innovative and person-centered education program that empowers participants to embrace their gift of longevity by spending more time each day doing things that are good for themselves and for others. The program encourages mastery and developing sustainable behaviors across many dimensions that lead to improved health, stronger economic security, enhanced well-being and that increase societal participation.

March Classes:

March 2: Falls Prevention (Susan Rosendahl-Masella)

March 9: Sleep (TBD)

March 23: Community Engagement (Katrina Dinham)

March 30: Healthy Eating and Hydration (Toni Marinucci, MS, RDN)

March Physical Exercise: The exercise program offers classes at various levels of fitness. Drop in and try one of our classes for yourself. Mondays: Tai Chi for Arthritis at 9:15 a.m.; Tuesdays: Cardio Fitness at 9:15 a.m. and Yoga Stretch at 1 p.m.; Wednesdays: Arthritis Workshop at 10:15 a.m.; Thursdays: Tai Chi for Arthritis at 9:15 a.m.; A Matter of Balance Class at 1:15 p.m.; Fridays: Fit for Life at 9:15 a.m., Yoga Stretch at 10:30. The suggested donation for Arthritis Workshop, Yoga Stretch, Balance and Tai Chi classes is \$1 each. The suggested donation for other exercise classes is \$3 each.

March Programs: Mondays: Card Games and Canasta at 10:15 a.m., Individualized Computer Instruction at 1 p.m.; Tuesdays: Learn Piano, 10:30 a.m.; Blood Pressure Monitoring 11:30 to 12 noon on the second and fourth Tuesday of each month; Crafters Corner 1:45 p.m.; Tuesday, March 20: Birthday Party and First Day of Spring; Wednesdays: Calligraphy at 1 p.m.; Haircuts by Brenda for \$10 at 1 p.m. second and fourth

Wednesday of each month; please call to sign up; Thursdays: Acrylic Painting at 10 a.m.; Fridays: Aging Mastery Classes at 1:15 p.m. (see above).

Information, Referrals and Assistance. Need help with filling out forms or applying for certain benefits? Don't know if you are eligible for benefits? We can help. Call Patty at 718-885-0727 or drop by the Center.

Caregivers Support. If you are caring for someone or if you know someone who is caring for another, we have some supportive services that might be helpful. Please call Patty at 718-885-0727.

Transportation Services. Off-Island shopping trips leave at 9:00 and include Shop Rite, Stop & Shop, Target, Farmer's Market, Trader Joe's and more. All shopping trips require you to sign up ahead of time as we have limited seats. Sign up is available starting the Thursday before, for the following week's trips. See our monthly calendar for specific dates. The suggested contribution for a round trip is \$1 on City Island \$2.50 for off-Island shopping trips and \$3.00 for longer off-Island trips. Anyone over 60 is encouraged to take advantage of our door-to-door transportation services. Call Alex at 347-834-6466 for pickup or trips.

Patty Attis

City Island Nautical Museum

The museum is closed for the winter months, but we have been very busy making repairs to various rooms and getting ready for spring. We are hosting the Viacomunity Day project that will take place on April 20, and we are planning an exhibition to accompany it that will focus on City Island's past and present. Cheryl Brinker is now selecting photographs, with the help of Tom Nye and Ron Turner, and getting them ready to install in the library.

The museum is also working hard to help the Garden Club of City Island get the funding allocated by former Councilmember James Vacca to help beautify City Island. The two organizations are working together to launch a tree-guard program on City Island Avenue and to improve the appearance of tree pits between Fordham and Hawkins Streets.

We have also applied for a grant from the city to fund a video or series of videos by the Breen brothers focused on City Island residents and business owners who have stories to tell about life on the Island. Several oral histories are available (on paper) in the museum's library, and excerpts from them are on the museum's website, www.cityislandmuseum.org in the section called "City Island Stories."

Barbara Dolensek

Grace Episcopal Church

Grace Episcopal Church, located at 116 City Island Avenue on the corner of Pilot Street, a place of worship and fellowship, warmly welcomes you to the following:

Worship Schedule during the month of March: Lenten Sunday services at 10 a.m. led by Father John Covington. Holy Eucharist Rite I. After the service, we offer coffee hour, a time for refreshments and fellowship. All are welcome. We have birthday and anniversary prayers during the service and healing prayers after the service on the first Sunday of each month.

Holy Week services are as follows: Palm Sunday, March 25, at 10 a.m., when The Passion of Christ will be presented by the members of Grace's Sunday School; Maundy Thursday, March 29, at 7:30 p.m.; Good Friday, March 30, at 7:30 p.m. at Grace Episcopal Church. Preacher: The Rev. Dave Jolly of Trinity Methodist Church; Easter Sunday, April 1, at 10 a.m.

Our annual Easter Egg Hunt will be held on Saturday, March 31, from 1 to 3 p.m.

Bible Study, led by Father John Covington, takes place every Sunday after service during coffee hour.

Sunday School: It's never too late (or

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A Selected Filmography of Harrison Ford

Harrison Ford began his film career with tiny roles in **American Graffiti** (1973) and **The Conversation** (1974). He also appeared briefly at the beginning of **Apocalypse Now** (1979/2001). His primary income at the time was from being a carpenter in Hollywood.

Ford's breakthrough role came in 1977 when he was cast as Han Solo in **Star Wars: A New Hope** (1977), a role reprised in **The Empire Strikes Back** (1980) and **Return of the Jedi** (1983). The first **Star Wars** (1977) movie truly was a technological turning point in motion picture history. The story of Luke Skywalker (Mark Hamill), Han Solo (Harrison Ford), Princess Leia (Carrie Fisher), Chewbacca the Wookiee (Peter Mayhew), R2-D2 (Kenny Baker), C-3PO (Anthony Daniels), Yoda, Obi-Wan Kenobi (Alec Guinness), and Darth Vader (David Prowse/body; James Earl Jones/voice), and the war between the forces of good and evil in the universe, is action/adventure in its highest form. In **Star Wars: The Force Awakens** (2015), which takes place 30 years after the defeat of the Galactic Empire, the galaxy faces a new threat from the evil Kylo Ren (Adam Driver) and the First Order. When a defector named Finn (John Boyega) crash-lands on a desert planet, he meets Rey (Daisy Ridley), a tough scavenger whose droid contains a top-secret map. Together, the young duo joins forces with Han Solo (Ford) to make sure the Resistance receives the intelligence concerning the whereabouts of Luke Skywalker, the last of the Jedi Knights.

The single best movie-going experience I ever had was seeing **Raiders of the Lost Ark** (1981) on the day it opened with no idea what the movie was about. I sat there mesmerized as archaeologist Indiana Jones (Ford), somewhere in the Peruvian jungle in 1936, is found running through a booby-trapped cave to retrieve a solid-gold idol. When his chief rival, French archaeologist René Belloq (Paul Freeman), steals the artifact and threatens to have Jones killed, Belloq is eluded in the first of many escapes, like those seen in historic Saturday afternoon cinema serials of the 1950s. When not having incredible adventures, Jones is a university professor. He is commissioned by museum curator Marcus Brody (Denholm Elliott) to find the long-lost Ark of the Covenant, for which the Nazis are already searching. He joins forces with Marion (Karen Allen), daughter of Jones's mentor Abner Ravenwood. In one action-packed adventure after another, ranging from surviving the snake pits of the Well of Souls to the unearthing of the sacred Ark. A joint project of Hollywood prodigies George Lucas and Steven Spielberg, with a script co-written by Lawrence Kasdan and Philip Kaufman, among others, **Raiders of the Lost Ark** is not so much a movie as a 115-minute rollercoaster ride. It was followed by **Indiana Jones and the Temple of Doom** (1985), **Indiana Jones and the Last Crusade** (1989), and **Indiana Jones and the Kingdom of the Crystal Skull** (2008). Each subsequent film is not as good as the one preceding it, but diehard fans won't mind.

Blade Runner (1982) is a cult classic that blends sci fi and film noir detective fiction. Set in 2019 Los Angeles, Harrison Ford stars as Rick Deckard, a retired blade runner, a type of cop who hunts down and

kills replicants, human-like androids that were originally built for use in dangerous off-world colonization. Deckard is forced back into active duty to hunt a band of replicants, who escaped and are headed to Earth, led by Roy Batty (Rutger Hauer), killing several humans in the process. When Deckard is about to be killed, he is saved by Rachael (Sean Young), a replicant who is unaware of her true nature. In the sequel set 30 years in the future, **Blade Runner 2049** (2017), Ford doesn't appear until halfway through the movie, which actually stars Ryan Gosling as LAPD Officer K, a new kind of replicant, designed to not want to destroy humanity. He unearths a long-buried secret that sends him on a quest to find Rick Deckard (Ford), in this visually stunning, overlong, but decent sequel for fans of the original film.

Witness (1985) is a thriller/love story, which stars Ford as John Book, a cop who takes on the case of a murder in a train station. The only witness is an Amish boy, Samuel (Lukas Haas), who is traveling with his newly widowed mother, Rachel (Kelly McGillis), to visit her sister. When the identity of the killer is discovered, Book takes Rachel and Samuel back to their community to hide. There he meets Eli Lapp (Jan Rubes), Rachel's father-in-law, and Rachel's potential suitor, Daniel (Alexander Godunov). From the opening scene—a sea of wheat blowing in the wind—to the final showdown between the bad guys and the community, with a traditional Amish barn-raising in between, this a beautiful and memorable film.

Ford's personal favorite of his films is **Mosquito Coast** (1986), the story of Allie Fox (Ford), a brilliant but unstable inventor, and his family: wife (Helen Mirren), and their children, Charlie (River Phoenix), Jerry (Jadrien Steele), April (Hilary Gordon) and Clover (Rebecca Gordon). After his invention of an ice-making machine that runs without electricity is snubbed by the commercial world, the embittered Fox, disenchanted with materialistic, consumer-oriented American culture, drags his family to Central America to build an ideal society. Unfortunately, the appearance of an infuriating preacher (Andre Gregory) interrupts their life, and along with insurgents, Mother Nature's trials and his family's growing discontent, the ideal life of Fox's dreams is greatly challenged.

Working Girl (1988) is a romantic comedy starring Melanie Griffith as Tess McGill, an ambitious lower-class Wall Street secretary. When her boss, Katherine (Sigourney Weaver), is out of town, she discovers Katherine has stolen an idea she has pitched. Tess transforms herself into a professional businesswoman and hooks up with investment broker Jack Trainer (Ford) in an attempt to make a deal that will launch her into success. Alec Baldwin is on hand as Mick, McGill's cheating boyfriend, and Joan Cusack is an absolute scream as Cyn, her best friend.

In **Presumed Innocent** (1990), Chief Deputy Prosecuting Attorney Rusty Sabich (Ford) is accused of murdering a fellow PA, Carolyn Polhemus (Greta Scacchi), with whom he had been having an affair. His boss, Raymond Horgan (Brian Dennehy), thinks he did it; his lawyer, Sandy Stern (Raul Julia), doesn't know; and his friend, Detective Dan Lipranzer (John Spencer), isn't sure either. Other fine performances include Bonnie Bedelia as Rusty's neglected wife, Barbara, and Paul Winfield as the formidable Judge Darren Lyttle.

In **Regarding Henry** (1991), Harrison Ford stars as Henry Turner, a slick, ruthless corporate attorney who is a bully to his adolescent daughter, Rachel (Mikki Allen). Henry cheats on his wife, Sarah (Annette Bening), and treats everyone from the maid to his assistant with cruel selfishness. When tragedy strikes him, Henry survives a long coma only to find that he has no memory and must re-learn everything from reading

to tying his shoes. Henry's therapist (Bill Nunn) helps him reconnect with his family and become a much better person than he once was.

In the second of four Tom Clancy films, Harrison Ford replaces Alec Baldwin as Jack Ryan in **Patriot Games** (1992). Ryan is on vacation in England with his eye surgeon wife (Anne Archer) and daughter (Thora Birch), his CIA-analyst days behind him. When he unexpectedly thwarts a terrorist attack on Lord Holmes (James Fox), he places himself and his family on the hit list of a splinter extremist faction of the Sinn Fein, the Irish national movement, led by Sean Miller (Sean Bean). To protect his family, Ryan must once again work with the CIA. This film marked the first time the actual CIA headquarters were used in the filming of a movie.

The second Jack Ryan film in which Ford appears is **A Clear and Present Danger** (1994). It opens with the discovery of the murder of a family who were lifelong friends of the President of the United States (Donald Moffat) aboard their yacht in the Caribbean. When it becomes apparent they were involved in the money-laundering scheme of a Colombian drug cartel headed by Ernesto Escobeda (Miguel Sandoval), Ryan is sent in to deal with the situation as acting Deputy Director of Intelligence of the CIA when his boss, Admiral Greer (James Earl Jones) becomes terminally ill. A subplot includes the initiative of the President's National Security Advisor, James Cutter (Harris Yulin), to begin a covert operation to send in troops to Colombia, headed by field agent John Clark (Willem Dafoe). This intricate plot is kept comprehensible by a solid script.

In **The Fugitive** (1993) Ford stars as Dr. Richard Kimble, who has been convicted of murdering his wife. While being transferred to prison by bus, Kimble is involved in a spectacular bus-train collision (one of the best of its kind ever filmed). Surviving the disaster, Kimble escapes, vowing to find his wife's killer. Pursuing Kimble is the relentless U.S. marshal Sam Gerard (an Oscar-winning performance by Tommy Lee Jones). The second half of the film offers one surprise after another (including the true identity of the murderer) and brilliantly avoids the disappointment that often plagues many movie adaptations of old TV series.

Sabrina (1995) is a remake of the 1954 romantic comedy. Julia Ormand appears in the Audrey Hepburn role as the chauffeur's daughter, Sabrina, who returns from Paris transformed into a beauty who captures the eye of the brothers who own the estate; David Larrabee (Greg Kinnear), is the good-looking playboy, and Linus (Ford) is a workaholic in the family business. This is a sweet romance with Kinnear and Ford doing credible jobs in the roles originated by William Holden and Humphrey Bogart.

In **Air Force One** (1997), Ford plays James Marshall, a onetime combat hero in the Vietnam War and now President of the United States. While he is flying back to the U.S. aboard Air Force One, the plane is hijacked by Ivan Korshunov (Gary Oldman), a Kazakhstani terrorist and his three

associates. They hold everyone on board hostage—including the First Lady (Wendy Crewson) and their daughter (Liesel Matthews). Marshall must use his strength and intelligence to keep the terrorists at bay and devise a plan to save his family. On the ground, the Vice President (Glenn Close), the Secretary of Defense (Dean Stockwell), and the Attorney General (Philip Baker Hall) struggle over what to do and how much control to take in this crisis.

Based on real events, **K-19: The Widowmaker** (2002) follows Captain Alexi Vostrikov (Ford) who at the height of the Cold War is ordered to the first Russian nuclear missile submarine K-19, to take over command for executive officer Mikhail Polenin (Liam Neeson), the original captain. Vostrikov is saddled with an inexperienced crew, including a replacement reactor officer, Vadim Radtchenko (Peter Sarsgaard), who is fresh from the naval academy's nuclear program. When Russia's K-19 malfunctions on its maiden voyage, the captain and crew must race to save the ship and prevent a nuclear disaster.

42 (2013) is the retired number of baseball great and first black player in the major league, Jackie Robinson, played in this film by Chadwick Boseman. In 1946, when legendary Brooklyn Dodgers General Manager, Branch Rickey (Ford), signs Robinson, his brave stand against prejudice forever changes the world by changing the game of baseball. When members of the team signs a petition stating that they refuse to play with Robinson, manager Leo Durocher (Christopher Meloni) insists that Robinson play. Eventually, teammate PeeWee Reese (Lucas Black) comes to understand what kind of pressure Robinson is facing, and he makes a public show of solidarity, standing with his arm around Robinson's shoulders before a hostile crowd at Crosley Field in Cincinnati. Facing unabashed racism from every side, Robinson was forced to demonstrate tremendous courage and restraint, knowing that any incident could destroy his and Rickey's hopes. Robinson was able to let his talent on the field do the talking—ultimately winning over fans and his teammates and paving the way for others to follow.

Ender's Game (2013) is the story of a time in the near future when a hostile alien race (called the Formics) have attacked Earth. If not for the legendary heroics of International Fleet Commander Mazer Rackham (Ben Kingsley), all would have been lost. In preparation for the next attack, the highly esteemed Colonel Hyrum Graff (Ford) and the International Military are training only the best young children in search of a future Mazer. Ender Wiggin (Asa Butterfield), a shy but strategically brilliant boy, is pulled out of his school to join the elite and undergoes rigorous training at Battle School, where he easily masters increasingly difficult war games. Ender is soon ordained by Graff as the military's next great hope, resulting in his promotion to Command School and the opportunity to save humankind.

And until next time, happy viewing. . .

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Organization News

Continued from page 11

too early) to join our enthusiastic group of children. The members of the Sunday School will present The Passion of Christ on Palm Sunday, March 25. They will be practicing their different roles during regular class on March 4 and 18. Sunday School meets on the first and third Sundays each month led by Karen Nani. The students range in age from 2 to 12 and newcomers are welcome. No extra time is needed; students will begin the service with the entire congregation at 10 a.m. and then leave with Mrs. Nani for lessons and activities, including arts and crafts, for 30 to 40 minutes during the service. They will rejoin the congregation after the exchange of peace.

Music Ministry: The Grace Tones, our music ministry, is beginning our third year! Composed of members of the church choir and singers from on and off City Island, we perform at area nursing homes and rehabilitation centers. On March 24, we will sing at Dumont Center Rehab in New Rochelle. If you'd like to join us, remember that you don't have to sing like an angel, just have the desire to help lift the spirits of those in need. Interested? Please call Sandy Dunn at 917-566-1296 or e-mail accentfix@gmail.com.

Sandy Dunn

Holiday Services

St. Mary, Star of the Sea Church

City Island Avenue near the bridge

Saturday, March 24: Confessions, 4:30 to 5 p.m. Vigil Mass at 5:15 p.m.

Sunday, March 25, Palm Sunday: Masses at 9 and 11 a.m. Blessing of Palms at all Masses.

Thursday, March 29: Tenebrae, 9 a.m., Holy Thursday psalms and readings. Solemn commemoration of the Lord's Supper, 7:30 p.m. Adoration to 10 p.m.

Friday, March 30, Good Friday: Tenebrae, 9 a.m. Stations of the Cross, 12 noon. Commemoration of the Passion and Death of Jesus, 3 p.m. Confessions, 5 to 6 p.m.

Saturday, March 31, Holy Saturday: Tenebrae, 8 a.m. Confessions, 9 to 10 a.m. and 4 to 5 p.m. Solemn Easter Vigil, 8 p.m. to be held at Our Lady of the Assumption Church.

Sunday, April 1, Easter Sunday: Masses at 9 and 11 a.m.

Trinity United Methodist Church

113 Bay Street

Sunday, March 18, Lenten Bible Study Group led by George Cavalieri, 11:15 a.m. Sunday, March 25: Palm Sunday service, 10 a.m.

Friday, March 30: Good Friday service, joint service at Grace Episcopal Church, 116 City Island Avenue at Pilot Street, 7:30 p.m.

Sunday, April 1: Easter Sunday Sunrise Service at Pelham Cemetery on King Avenue, 6:30 a.m. Easter Celebrative Worship at Trinity Church, 10 a.m.

Temple Beth-El

480 City Island Avenue

Saturday, March 3, Shabbaton, immersive Shabbat experience, 10 a.m. to 6 p.m.

Saturday, March 31: Community Passover Seder, 6 p.m.

Saturday, April 7, Annual Gala Dinner and Dance at Pelham/Split Rock Golf Courses. 7 to 11 p.m.

Grace Episcopal Church

116 City Island Avenue at Pilot Street

Sunday, March 25, Palm Sunday: The Liturgy of the Palms and Holy Eucharist, 10 a.m. Sunday School presentation of The Passion of Christ.

Thursday, March 29: Maundy Thursday, Holy Eucharist and Stripping of the Altar, 7:30 p.m.

Friday, March 31: Good Friday service at Grace Church, joint service with Trinity Methodist Church, 7:30 p.m.

Saturday, March 31: Community Easter Egg Hunt, 1 to 3 p.m. in the parish hall.

Sunday, April 1: Easter Sunday, Festival and Holy Eucharist, 10 a.m.

Garden Club of City Island

The Garden Club of City Island has begun to make plans for the upcoming year. The Beautification Committee is in the process of organizing our annual fundraising campaign in which we send letters to every residence and business on the Island. This money goes for seasonal plantings in the white containers on City Island Avenue, hanging holiday wreaths in our public spaces, paying CJS Property Care to clean tree pits on the Avenue and doing special beautification projects. The letters will be delivered in April, so for those of you who have donated in the past, put this on your calendars. If you have not donated before we hope that you will do so this year.

Our Annual Luncheon Committee chose "Spring Bouquet" as the theme for this year's luncheon, which is open to all. The date this year is Thursday, May 17, and will be held at City Island Yacht Club. The Garden Club is eager to work with the new steward at CIYC and is busy planning the menu. We will once again be raffling off baskets created by our members. You may sign up by speaking to a Garden Club member or calling Vivi at 718-885-1442. We are looking forward to seeing you!

This February, the Garden Club created a new committee for special projects. The committee is hard at work on two grant applications, one in conjunction with the City Island Historical Society and another from Scott's Miracle Grow. This money will augment the donations that we receive from residents and businesses and will go toward beautification projects. Wish us luck!

Another special project is the Department of Sanitation's Organics Collection Program (otherwise known as the "Brown Bin" Program) for recycling kitchen waste, food-soiled paper and yard waste. At the presentation at our December meeting by Andrew Holyes, senior manager of Organics Outreach for the NYC Department of Sanitation (DOS), our members now understand how this important program reduces waste in landfills to provide green energy and compost, which is available for parks and trees and for residents to use. We urge all residents to recycle organics compost by using the bins distributed by the DOS.

Interested in civic beautification? Become a member of the Garden Club of City Island. Meetings are held the first Monday of each month (except August) at 10 a.m. at the City Island Yacht Club at the west end of Pilot Street. Our next meeting is Monday, March 5. Annual dues are \$35. All meetings conclude with coffee, tea and fresh baked goods served by our hospitality committee. Join us for an exciting season of projects, presentations by experts and field trips.

Judy Judson

St. Mary, Star of the Sea Church

Our monthly holy hour will take place on Friday, March 2, from 4 to 5 p.m. All are invited to attend this special period of prayer.

Our coffee hour will take place in the rectory after the 11 a.m. Mass on Sunday, March 11. Come enjoy light refreshments with your fellow parishioners.

The Lenten devotion Stations of the Cross will be held each Friday evening during Lent at 7 p.m., with the exception of Good Friday, when stations will take place at 12 noon.

Sunday, March 25, is Palm Sunday, the beginning of the holiest week in Christianity. Palms will be blessed and distributed at all the Masses. On Thursday, Friday and Saturday morning at 9 a.m. following Palm Sunday, we will have the service of Tenebrae, consisting of psalms, readings and chanting of the Lamentations of Jeremiah. The Solemn Commemoration of the Lord's Supper will take place on Holy Thursday evening, March 29, at 7:30 p.m., followed by adoration until 10 p.m. On Good Friday,

March 30, we will have Stations of the Cross at 12 noon. The Solemn Commemoration of the Passion and Death of Our Lord will take place at 3 p.m. The Solemn Easter Vigil will take place at 8 p.m. at Our Lady of the Assumption Church. On Easter Sunday, April 1, Masses will be held here at St. Mary's at 9 and 11 a.m. Alleluia, He is Risen.

Rose Dietz

St. Mary's Thrift Shop

We will be closed from March 1 to March 10 but will re-open March 15 with our Spring Collection and resuming our regular schedule, Thursdays and Saturdays from 10 a.m. to 3 p.m. Save the Date: Saturday, March 24, is our "pop up sale" in St. Mary's gym from 10 a.m. to 3 p.m. Come browse the new and used items, framed art work, our display of jewelry and Lenox pieces at affordable prices. Don't forget to visit the Thrift Shop too.

Arlene Byrne

American Legion Post #156

The next meeting is Sunday, March 4, at 12 noon. Dues (\$55) are past due; please drop them off at the post, and make sure your name is on the envelope. The hall is available for your next party. We can accommodate up to 80 people. Members receive a discount on all hall rentals. Please call our Activities Vice Commander Joe Goonan at



Public School 175

Although it is a short month, February has been quite busy. Our Arts program is in full swing with fifth-graders busy working with our drama teacher, Steve Bloom, and their classroom teachers on their May performance of "The Grunch." After seeing the rehearsals, we can tell that this is going to be a marvelous production! In addition, our music teacher, Joan Schwartz, has been working with the Glee Club and instructing students on singing and playing the recorder, and we have a visual arts program, paid for by a grant from former Councilmember James Vacca, which exposes students to many different art mediums.

The P.S. 175 tradition of the sixth grade going to Camp Greenkill will continue this May, and our seventh-graders are gearing up for a fun and learning-filled trip to Philadelphia that will be taking place in March and ties in with what they are learning in social studies.

Our eighth-grade students are working hard to be ready for their momentous June event. This month they held a Valentine's Day bake and candy-gram sale, which provided an opportunity for their schoolmates to purchase Valentine's Day goodies for their family members. This year's senior trip will be an overnight visit to Washington, D.C.

917-825-9576 for availability.

Please come in and play the Queen of Hearts game of chance each week. The weekly drawing is held at 7 p.m. on Saturday nights. The jackpot grows each week until someone selects the Queen of Hearts. The game is open to all, and the proceeds help fund projects around the post.

Thanks to John McGowan for installing our new steps at the service entrance to the bar. They were paid for by the Queen of Hearts.

All retired flags should be dropped off at the post for proper disposal. Please put them in the former mailbox by the post's flag pole.

On March 11 the St. Patrick's Day Parade will start at 12 noon at East Tremont Ave and Lafayette Avenue and march down East Tremont to Harding Avenue.

That day the St. Patrick's Day Dinner at the post will start at 2 p.m. This event is being hosted by Legion Auxiliary Unit 156; the cost is \$30 per person, \$10 for children 6 through 12 years old; free for younger kids. Please sign up at the post.

Please remember the following Legionnaires who have gone before us: Leonard J. De Christofaro (Sept. 24, 1917, to Nov. 29, 2017) and Joseph T. DeAngelis (April 21, 1944, to Jan. 26, 2018).

Thank you to the entire City Island community for all your support over the past years. It's our honor to be your community partner.

Peter C. Del-Debbio

Our Sports & Arts after-school program has been in full swing with students participating in a variety of fun and learning-filled activities. They also had a wonderful vacation program during the February break. For parents/guardians of fifth- through eighth-grade students, please keep a look-out for a flyer about the summer Sports & Arts program that will take place in July. We hope you will consider sending your child to participate.

Please keep in mind these important dates: Parent Teacher Conferences will take place on Thursday, March 15, from 12:30 to 2:30 p.m. and from 5 to 8 p.m. The Book Fair and Science Fair Display will take place on this day, as well.

Families living on City Island with children turning five on or before Dec. 31, 2018, who have not already used the online tool to pre-register their children for Kindergarten, should do so immediately.

Eighth-grade graduation will take place on Friday, June 22, at 9 a.m. The Eighth-Grade Dance will take place the same evening from 7 to 10 p.m. The Eighth-Grade Awards Night Dinner will take place on Wednesday, June 13, at 6 p.m.

The Kindergarten moving-up ceremony will take place on Thursday, June 21, at 9 a.m., followed by a family celebration in the gym.

February Citizens-of-the-Month were Kaiden Alvarez (kindergarten); Alyssa Macagnone and Daniel Mandarino (first grade); Tabitha DelPozzo and Lilyana Schibeci (second grade); Christopher Brooks and Jackson Baumann (third grade); Zayda Feaster (fourth grade); Bella Gonzalez and Campbell Wepler (fifth grade); Sophia Amos (sixth grade); Eva Bellocchio and Jose Rosario (seventh grade); Jaime Bernardo and Kaia Alston (eighth grade).



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MEDICARE COVERAGE AND BASIC OVERVIEW

By STEPHEN MOTT

Those who are about to become eligible for Medicare may be wondering how your Medicare coverage works and what benefits are included. Medicare is a federal health insurance program, managed by the Centers for Medicare & Medicaid Services, for eligible United States citizens and legal permanent residents of five or more continuous years. You're generally eligible for Medicare coverage if you're 65 or older or disabled. You may also qualify for Medicare at any age if you have end-stage renal disease requiring dialysis or a kidney transplant, or amyotrophic lateral sclerosis (also known as ALS or Lou Gehrig's disease). Here's a breakdown of how Medicare coverage works.

You can generally get your Medicare coverage in either of two ways: Through Original Medicare, the government-run health insurance program, or through a Medicare Advantage plan, offered through Medicare-contracted private insurance companies.

When you first become eligible for Medicare coverage (either by age, disability or having the above-mentioned health conditions), you're signing up for Original Medicare, the federal health insurance program. Original Medicare is made up of two parts, Part A (hospital coverage) and Part B (medical coverage). Here's a breakdown of what each of these "parts" covers.

Medicare Coverage: Part A

Medicare Part A coverage may include inpatient hospital, short-term skilled nursing facility, hospice and eligible home health care. As noted above, this type of Medicare health insurance is also known as Medicare hospital insurance.

Part A-covered hospital services generally include medically necessary services and equipment to treat your condition. This may include a semi-private room, general nursing services and prescription drugs needed as part of your inpatient treatment.

You may be surprised to hear that Medicare Part A coverage doesn't include long-term care, or the type of care you'd normally get in a nursing home or other long-term facility. Part A only covers limited skilled nursing facility care where personal care (i.e., help with daily tasks like bathing and eating) isn't the only type of care you need.

Part A covers hospice care if your doctor determines that you're terminally ill and have six months or less to live. Medicare Part A coverage of hospice services includes doctor and nursing services, hospice aide services, physical and occupational therapy services, prescription drugs for symptom control, and limited, short-term respite care for caregivers.

Medicare Part A coverage may also cover certain home health services, including physical therapy, speech-language pathology, occupational therapy and/or speech therapy services.

Most people are automatically enrolled in premium-free Part A at age 65 if they've worked at least 10 years (40 quarters) under Medicare-covered employment and paid Medicare taxes while working, but you may also manually sign up for it and pay a monthly premium for it if you haven't worked long enough to get Part A for free. If your spouse qualifies for Part A without a premium, you may be eligible to get premium-free Part A based on his or her work history.

Your Medicare Part A coverage may also come with other costs, including deductibles, coinsurance and/or copayments.

Medicare Coverage: Part B

Medicare Part B coverage generally includes medically necessary outpatient services, including (but not limited to) doctor visits, durable medical equipment, lab tests, ambulance services, mental health care and preventive services.

If you need certain types of medically necessary durable medical equipment, such as walkers or hospital beds, you may be covered under Part B. You may be required to rent or buy the equipment from suppliers enrolled in the Medicare program, or Medicare may not cover you.

Medicare Part B coverage includes a variety of preventive services to keep you healthy and detect health conditions early on. This includes yearly "Wellness" exams, screenings for various diseases and health conditions, nutrition therapy, tobacco cessation counseling and certain vaccines (including flu shots, hepatitis B shots and pneumococcal shots).

Part B includes limited prescription drug coverage. Certain types of medications (typically the ones that need to be administered by a doctor) may be covered, including injectable drugs or medications given by infusion. For all other prescription drug benefits under Original Medicare, you'll need to sign up for Medicare Part D coverage (see below for more information).

Unlike Part A, most people pay a monthly premium for Part B, which may vary from year to year and depend on your situation. Other costs related to your Medicare Part B coverage may include deductibles, copayments, and/or coinsurance costs. Costs may vary depending on the specific service or item. If you're not sure what you may have to pay, it's a good idea to check with your doctor or supplier before receiving the service.

Medicare Coverage: Other Options

Once you're enrolled in Part A and/or Part B, you may have other Medicare coverage options available to you as well, including Medicare Part C coverage (Medicare Advantage plans), Medicare Part D coverage (prescription drug benefits) and Medicare Supplement insurance (also known as Medigap). Some of these Medicare plans work alongside Original Medicare, while other types (such as Medicare Advantage plans) are an alternative way to get your Original Medicare benefits.

Medicare Advantage (Part C)

Medicare Advantage plans provide Original Medicare coverage through Medicare-approved private insurance companies. These plans are required to cover at least the same level of benefits that you'd have under Part A and Part B, with the exception of hospice care (which is still covered under Part A of Original Medicare).

In addition to what's covered under Original Medicare health insurance, some plans offer other benefits, such as routine dental and vision, wellness programs, hearing care, and prescription drug coverage. If your Medicare Advantage plan includes prescription drug benefits (also known as a Medicare Advantage Prescription Drug plan), you shouldn't enroll in a stand-alone Medicare Prescription Drug Plan.

There are many types of Medicare Advantage plans, such as Preferred Provider Organization (PPO) plans and Health Maintenance Organization (HMO) plans. Medicare Advantage PPOs and HMOs may work similarly to the employer-sponsored group coverage you might be familiar with.*

It's important to understand that you're still enrolled in Medicare when you have a Medicare Advantage plan; you're just choosing to get your coverage through a Medicare health plan instead of through the federal health insurance program. Because

Continued on page 18



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2018 Session Dates

| | |
|---------------------------------|------------------|
| Session I (Intro & Race Clinic) | June 26 - 29 |
| Session II | July 2 - July 20 |
| Session III | July 23 - Aug 10 |

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CITY ISLAND, NEW YORK
Times and heights of high and low water (Eastern Standard Time)
Heights in feet above soundings printed on charts of water adjacent to City Island. Times shown are nautical times. For times on the table beginning with 1300, subtract 1200 to get ordinary PM time (e.g., 1625 - 1200 = 4:25 P.M.). Times less than 1200 are A.M. times (e.g., 1154 = 11:54 A.M.).
HH = hours; MM = minutes
Tide chart by Tom Smith

| MARCH 2018 | | | | | | | | | |
|------------|-------|--------|-------|--------|-------|--------|-------|--------|--------|
| DAY | TIME | HEIGHT | TIME | HEIGHT | TIME | HEIGHT | TIME | HEIGHT | DAY |
| | HH MM | FEET | HH MM | FEET | HH MM | FEET | HH MM | FEET | |
| 01 Thu | 0508 | -0.87 | 1103 | 8.32 | 1740 | -1.28 | 2331 | 8.12 | Thu 01 |
| 02 Fri | 0558 | -1.11 | 1152 | 8.33 | 1825 | -1.27 | | | Fri 02 |
| 03 Sat | 0017 | 8.22 | 0646 | -1.15 | 1240 | 8.18 | 1910 | -1.07 | Sat 03 |
| 04 Sun | 0102 | 8.17 | 0733 | -0.98 | 1326 | 7.89 | 1953 | -0.72 | Sun 04 |
| 05 Mon | 0146 | 7.97 | 0821 | -0.65 | 1413 | 7.51 | 2035 | -0.26 | Mon 05 |
| 06 Tue | 0232 | 7.69 | 0910 | -0.21 | 1503 | 7.10 | 2117 | 0.25 | Tue 06 |
| 07 Wed | 0322 | 7.36 | 1002 | 0.26 | 1559 | 6.73 | 2202 | 0.74 | Wed 07 |
| 08 Thu | 0420 | 7.06 | 1100 | 0.67 | 1702 | 6.46 | 2259 | 1.15 | Thu 08 |
| 09 Fri | 0525 | 6.85 | 1201 | 0.96 | 1805 | 6.36 | | | Fri 09 |
| 10 Sat | 0007 | 1.42 | 0629 | 6.79 | 1300 | 1.07 | 1905 | 6.43 | Sat 10 |
| 11 Sun | 0110 | 1.49 | 0828 | 6.87 | 1454 | 1.04 | 2059 | 6.62 | Sun 11 |
| 12 Mon | 0305 | 1.39 | 0921 | 7.03 | 1544 | 0.89 | 2149 | 6.86 | Mon 12 |
| 13 Tue | 0354 | 1.18 | 1008 | 7.22 | 1627 | 0.69 | 2233 | 7.09 | Tue 13 |
| 14 Wed | 0436 | 0.91 | 1048 | 7.38 | 1706 | 0.49 | 2311 | 7.30 | Wed 14 |
| 15 Thu | 0513 | 0.61 | 1121 | 7.50 | 1737 | 0.29 | 2338 | 7.47 | Thu 15 |
| 16 Fri | 0542 | 0.30 | 1140 | 7.61 | 1800 | 0.09 | 2351 | 7.67 | Fri 16 |
| 17 Sat | 0608 | -0.01 | 1159 | 7.75 | 1821 | -0.11 | | | Sat 17 |
| 18 Sun | 0013 | 7.93 | 0638 | -0.28 | 1230 | 7.86 | 1850 | -0.28 | Sun 18 |
| 19 Mon | 0046 | 8.17 | 0714 | -0.46 | 1308 | 7.89 | 1927 | -0.35 | Mon 19 |
| 20 Tue | 0125 | 8.32 | 0755 | -0.52 | 1350 | 7.81 | 2007 | -0.29 | Tue 20 |
| 21 Wed | 0208 | 8.34 | 0839 | -0.42 | 1437 | 7.61 | 2052 | -0.10 | Wed 21 |
| 22 Thu | 0255 | 8.22 | 0929 | -0.18 | 1528 | 7.31 | 2142 | 0.22 | Thu 22 |
| 23 Fri | 0347 | 7.96 | 1026 | 0.15 | 1625 | 6.96 | 2238 | 0.58 | Fri 23 |
| 24 Sat | 0446 | 7.63 | 1139 | 0.47 | 1732 | 6.68 | 2347 | 0.89 | Sat 24 |
| 25 Sun | 0555 | 7.33 | 1332 | 0.51 | 1908 | 6.62 | | | Sun 25 |
| 26 Mon | 0143 | 0.93 | 0733 | 7.24 | 1448 | 0.24 | 2044 | 6.95 | Mon 26 |
| 27 Tue | 0308 | 0.53 | 0908 | 7.49 | 1549 | -0.15 | 2146 | 7.41 | Tue 27 |
| 28 Wed | 0411 | -0.01 | 1011 | 7.82 | 1644 | -0.52 | 2240 | 7.85 | Wed 28 |
| 29 Thu | 0506 | -0.52 | 1104 | 8.08 | 1733 | -0.79 | 2328 | 8.18 | Thu 29 |
| 30 Fri | 0556 | -0.90 | 1153 | 8.20 | 1820 | -0.89 | | | Fri 30 |
| 31 Sat | 0014 | 8.36 | 0643 | -1.08 | 1239 | 8.17 | 1903 | -0.82 | Sat 31 |
| APRIL 2018 | | | | | | | | | |
| 01 Sun | 0056 | 8.39 | 0729 | -1.06 | 1322 | 8.01 | 1944 | -0.59 | Sun 01 |
| 02 Mon | 0137 | 8.27 | 0812 | -0.83 | 1405 | 7.75 | 2022 | -0.24 | Mon 02 |
| 03 Tue | 0215 | 8.04 | 0854 | -0.46 | 1446 | 7.43 | 2054 | 0.19 | Tue 03 |
| 04 Wed | 0251 | 7.75 | 0934 | 0.00 | 1528 | 7.10 | 2117 | 0.62 | Wed 04 |
| 05 Thu | 0327 | 7.43 | 1015 | 0.48 | 1613 | 6.79 | 2143 | 1.01 | Thu 05 |



Food, Glorious Food

Last year at this time we were still marveling at the size of the rafts of greater scaup in Eastchester Bay. This year the numbers are way down. On the other hand, the number of common loons seems to be higher in the Bay this year than last. Loons are the cormorant-like birds that can hold their breath with the best of them when diving for food. Perhaps this would explain the differences we've noted: if the supply of food is down—and after last year's influx of scaup, who also dive for food, that is a distinct possibility—a diver like a loon has a better chance of finding food.

Suffice to say that food supply plays a vital role in the migrations near and far of all sorts of animals. The deer are here, for example, because there is enough food to support them. Or put another way, the food supply where they are more likely to be found has been compromised in some way, probably because of rising deer populations in those areas. The opossum that are sometimes turning up on City Island are here for only one reason, too, and sometimes it is for the food that is meant for City Island's resident stray cat population.

In this column, we have documented the return of the American bald eagle to City Island and its environs. Last month, we observed not only bald eagles, but also peregrine falcons, red-tailed hawks

aplenty, and a northern harrier. The harrier made it very clear why he was here: he was dining on duck, probably a bufflehead, out at the end of a neighbor's pier. One peregrine falcon was in another neighbor's tree. This was a first for us on City Island, and hopefully not a last. The pigeons around here have made themselves just a little too comfortable on our rooftop lately.

If you are interested in seeing an eagle, you should keep your eye on the osprey nest at the top of Amtrak's transformer tower, the one nearest the Bartow traffic circle. The osprey are gone for the winter, having followed their fish food south, and an eagle—maybe more than one—has made the abandoned nest a place to stopover at times. We want to be clear here: eagles are not nesting at the site; it is just a place where we have seen them more than once.

The great horned owls, though, are nesting, and in their usual spot. These two are regulars to our area, although the success they've had as parents has been mixed. Producing great horned owlets is a delicate business. Conditions have to be just right; stress is a major factor, including the man-made variety. Most visitors to the nest have the proper respect, but a few others have crossed the line, sometimes unwittingly, sometimes deliberately, and sometimes with malice. Last year was a good year for the great horned owls. Three owlets fledged! Here's hoping for another year like last year.

Pelham Picture House Events

The Picture House in Pelham (thepicturehouse.org), a not-for-profit community-based movie theater, has several March offerings. All of the films in the Main Hall (MH) feature Oscar-nominated performances and are Best Picture nominees. In the Screening Room (SR), the films were selected by their countries to be considered for Best Foreign Film. Please check their website for screening times.

March 2-8: (MH) **The Shape of Water** takes place during the Cold War of the 1960s, when a lonely cleaning woman at a top secret research facility forms a unique relationship with an amphibious creature that is being held in captivity. This critically acclaimed, impossible to categorize film, is part espionage thriller, fantasy, horror, romance, comedy, drama. It is rated R for sexual content, graphic nudity, violence and language.

A **Ciambra** (SC) is about a small Romani community in Calabria, Italy, featuring a 14-year-old miscreant who sets out to prove he's ready to step into his older brother's shoes.

March 9-15 (MH): **I, Tonya**, told in mock documentary style, is the story of 1990s competitive ice skater Tonya Harding, who rises in the ranks at the U.S. Fig-

ure Skating Championships but whose life and legacy are tarnished as she is forever associated with one of the most infamous scandals in sports.

The Insult (SR), set in today's Beirut, reveals how a minor incident between a Lebanese Christian and a Palestinian refugee turns into an explosive trial that ends up dividing the two communities.

March 16-22: (MH) **Phantom Thread** is set in the glamour of 1950s postwar London, where renowned dressmaker Reynolds Woodcock and his sister Cyril are at the center of British fashion, dressing royalty, movie stars, heiresses, socialites, debutantes and dames, in an illuminating portrait of an artist on a creative journey and the women who keep his world running. This was Daniel Day Lewis's final performance before his retirement.

Song of Granite (SR), is a boldly experimental portrait of Irish-language folk singer Joe Heaney and the landscape that shaped him.

March 23-29: (MH) **The Post** is a thrilling drama about the unlikely partnership between the Washington Post's Katharine Graham, the first female publisher of a major American newspaper, and editor Ben Bradlee, as they race to catch up with the New York Times to expose a massive cover-up of government secrets that spanned three decades and four U.S. Presidents.

In addition to these films, The Picture House has launched a new program featuring important, timely, yet often less recognized films. These thought-provoking films—the type often reserved for the theater's 14-seat Screening Room—will appear on the big screen in the Main Hall at 8 p.m. every Sunday. The March Sunday Cinema film will be **Last Men in Aleppo**, a documentary, shown through the eyes of volunteer rescue workers called the White Helmets, which allows viewers to experience the daily life, death and struggle in the streets, where they are fighting for sanity in a city where war has become the norm.



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IN THE GARDEN

By MARY COLBY



Erythronium Pagoda - the trout lily

Marching Toward Spring

A light exists in spring
Not present on the year
at any other period.
When March is scarcely here
--Emily Dickinson

The first time I heard the word “ephemeral” in relation to plants was from the remarkable gardener Carol Klein. I met her at the Chelsea Flower Show early in 2000 while looking at her display, which was a revelation to me, as I had never seen such combinations. Her delicate choice of flowers in form and color was nothing short of exquisite.

The dictionary definition of ephemeral is “lasting for a very short time.” Carol, who believes that plants have personalities, categorizes ephemerals as Cinderella plants. They grow in a matter of weeks and quickly realize their whole life cycle of flowering, pollinating, setting seed and dormancy, disappearing before the clock strikes midnight. These dainty plants shoot up and delight us for what seems like a fleeting moment, such a good metaphor for life, to enjoy the passing hours with contentment.

The snowdrop emerges nodding its head toward the earth, no matter the weather. The little anemone held up on its stiff wiry stem blows in the strongest of gales without blemish. The primrose and cowslip, beloved by all Englishmen, adorn the meadow in adorable clumps that say spring is here.

While walking through the woods, it is exciting to see the trout lily (*Erythronium*) emerging out of the leaf mold to show off its lemon loveliness in the shape of a pagoda. Blood root (*Sanguinaria*) is a North American native in the poppy family. The roots bleed red sap, and the flowers are so fragile and fleeting that is a privilege to see one in flower, as they only last for a day.

To have a wood filled with trillium is a rarity that many plant geeks aspire to, as is a damp meadow graced with the snake’s head lily (*Fritillaria meleagris*). These seemingly upside-down tulips, which look hand-painted in little checks, unfold quickly, show off their stuff and disappear. It is interesting to note that in England if a home has a feature such as a bluebell wood, the property value increases by 15 percent.

If you want to hear Carol Klein extol the beauty of flowers, watch her on *YouTube.com*, where she is featured in many episodes of “Gardeners’ World.” The program is in its 40th year, so there is an endless stream of gardening to watch and become addicted to. Much, much better than watching the news these days.

Plant some of these beautiful ephemerals so that your gardening year will be extended throughout the bleakest months of February and March when the skies are low and gray. I will be out there soon, pruning, laying down compost, and waiting with childish excitement for these tight-fisted buds to appear. They will flourish and make their exit, and afterwards

it is a quick transition to the bread and butter plants, the plants that a garden cannot be without. Those I will save for next month, when the garden will truly begin to get under way.

Mary Colby is an artist and gardener whose studio is at 276 City Island Avenue. She can be reached at 917-804-4509 for consultation and design. www.theartistgardener.com



Fritillaria Meleagris - the snake's head lily

Photos by MARY COLBY

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PADDY'S ON THE ISLAND



Photo by JOANNE VALLETTA

Harlan Sexton, auxiliary secretary and Quilts of Valor Member, hosted National Sewing Day for American Legion Auxiliary members on Saturday, Feb. 3.

Raising Kids Who Bounce Back

By JOHN SCARDINA

I believe that there is a continuing revelation of truth in the world, that we are always going to find new ways to be authentic. Our children's development is a form of continuing revelation: they will grow and teach us who they are, what they need and how they will live in this world.

I also believe that children—with the right nurture and the right environment—naturally grow into goodness. That being said, life presents challenges, and thus we need to talk about the concept of resilience: how we help our children, and ourselves, deal with setbacks.

Resilience is the ability to bounce back from adversity with positive outcomes and optimism. We all need it, but how do we develop it? Here is a list of qualities that we can nurture in our children to develop these "bounce back" skills:

Learn how to have positive relationships.

Cultivate a good sense of humor.

Develop an "inner compass" and learn right from wrong.

Encourage independence in age-appropriate ways.

Model and cultivate a love of learning.

Model and develop flexibility.

Look for self-motivation in things they are passionate about, such as baseball, painting, gymnastics, reading, even if these passions would not be your first choice for them.

Honor and applaud competence. Self-esteem is based upon competence, not self-praise.

Make your home a place of creativity.

Model and nurture perseverance: learn a new skill with your child. Recognize spirituality in yourself and your child: how do you practice as a family respect and awe for the divine?

A major challenge to resilience that many parents ask about is bullying. Let's first talk about what bullying is: 1. Bullying is aggressive behavior that involves unwanted, negative actions; 2. Bullying involves a pattern of behavior repeated over time; 3. Bullying involves an imbalance of power or strength.

It is also important to know that bullying is not teasing (between friends with no power differential and with a goal of humor and not aggression) or a random unkind act (which is regrettable but can be addressed as a single incident). So what can we do to stop bullying?

Teach children to use their words first and ask for what they want.

Empower children to 1. find com-

mon ground with others; 2. seek positive cohorts who can be allies in positive activities; 3. walk away from bullying situations toward friends and allies; 4. remain calm and confident, and 5. (when all else fails) ask for adult help.

Avoid solving the situation for children when it first arises—instead use Fay and Cline's "Love and Logic" formula (respond with empathy . . . pause . . . "What can you do about this?" . . . pause . . . "I love you, you are a competent child, I am sure you will figure this out" . . . walk away.

Let us know at school if nothing has helped and all three criteria for bullying (listed above) have been met.

Here is the text of a Good Housekeeping sidebar on resilience (December 2010 issue, p. 124), which staff writer Jacqueline Nochisaki put together after interviewing me:

Four simple moves that'll nurture a bounce-back kid from John Scardina, a school psychologist and parent educator in City Island, NY:

GIVE YOUR CHILD THE REINS:

When your child is talking about a tough situation, let her finish, then say, "This must be really tough." Pause. "What are you going to do about it?" The key here is to show you are tuned in by acknowledging the pain she is feeling,

CAST A VOTE OF CONFIDENCE:

As your child formulates a plan, give her a boost by saying, "I see someone who is caring," or "...strong," or "...good at x, y, z." Reflecting her assets back to the child helps her realize she is capable of handling the situation, tough as it may be at first. "Say, 'I know you can handle this, but if you need help let me know.'"

CREATE A GRATITUDE LIST:

Help a kid going through a tough phase count his blessings and cultivate optimism: Have your family write up and post a gratitude list of five to ten things to be grateful for. The message: These good things in life are here to stay, regardless of challenging situations. When your child is feeling low, remind him to check the list.

CALL IN THE PROFESSIONALS:

If your child has a rough patch and experiences sleep or appetite disruption or lethargy, or if you notice a change in relationships with family or friends, it may be time to have a therapist step in. Ask your pediatrician, family practitioner, religious leader, or school guidance counselor for references.

As always it is my privilege to work with you and your families.

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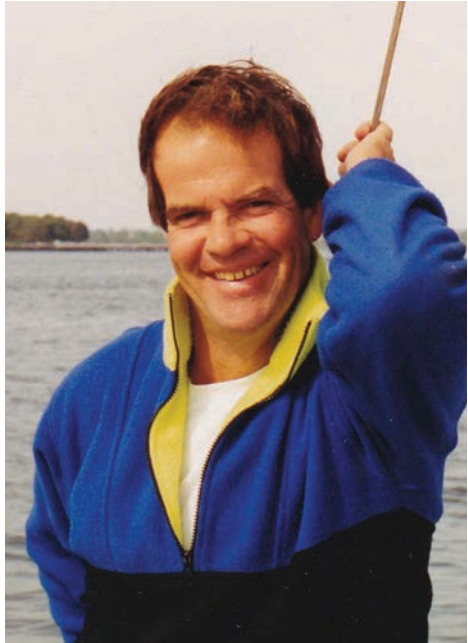
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John Barron

John Barron, a lifelong resident of City Island, passed away suddenly on Jan. 21, 2018, at the age of 68.

John was a clam digger, born on June 4, 1949, to Ruth (Wooster) and John Barron Sr. He attended St. Mary, Star of the Sea School, Blessed Sacrament High School and Sacred Heart University. After college, John worked with his father in the family-operated Barron's Boatyard. He learned the marina business working with his father through 1978, when he began selling boats at Bridge Boat Sales on City Island. He returned to and took over Barron's Boatyard in 1983 after his father's death.

John was an avid skier and a keen sailor. He made a point each year to take the time to sail his boat around the Caribbean Islands. His love of sports cars was evident, as he was often spotted driving around City Island in his treasured 1965 Corvette convertible. He had a true zest for life and always found something to laugh about.

A memorial service was held at Trinity United Methodist Church on Saturday, Feb. 10. He is survived by his loving partner, Lynn Sinclair; his son, Jason Barron (and wife, Annie) of City Island; his daughter, Victoria Lodewick (and husband, Adam) of Yorktown, NY and five grandchildren, Tessa and Jake Barron and Ryan, Reese and Morgan Lodewick.

Medicare

Continued from page 14

of this, keep in mind that even if you decide to get your Medicare coverage through a Medicare Advantage plan, you'll need to keep paying your Part B premium, in addition to any required premium for your plan. Some service areas may offer Medicare Advantage plans with premiums as low as \$0; however, even in this case, you'd still need to pay your Part B premium.

Part D Prescription Drug

As mentioned above, Original Medicare offers limited prescription drug benefits, and you're only covered for medications you receive in certain inpatient and outpatient situations. Instead, Original Medicare beneficiaries can sign up for Medicare Part D prescription drug coverage through a separate Medicare Prescription Drug Plan. Keep in mind that these plans provide stand-alone prescription drug benefits, and you'll need to stay enrolled in Part A and/or Part B for your hospital and medical coverage.

Alternatively, you can also get Medicare Part D coverage through a Medicare Advantage Prescription Drug plan (as mentioned above). The convenience of these plans is that they provide all of your Medicare Part A, Part B and Part D benefits under a single plan.

If you currently take prescription drugs and are interested in getting Medicare Part D coverage, make sure that the plan you're considering covers your current medications. You can look up this information by checking the plan's formulary, or list of covered drugs. Every Medicare Prescription Drug Plan and Medicare Advantage Prescription Drug plan includes a formulary, and you can typically find this information online (or contact the plan). Keep in mind that formularies may change at any time, but the Medicare plan will notify you if needed.

Medicare Supplement (Medigap) Coverage

Medicare Supplement plans may help pay for out-of-pocket costs not covered in Original Medicare, such as copayments, coinsurance, deductibles and emergency overseas health coverage. You can learn more about this type of Medicare coverage by checking out the Medicare Supplement page.

What Medicare Coverage is Right for Me?

Hopefully, you now have a better idea

of all the different types of Medicare coverage that may be available to you. If you're still trying to figure out what may work best for your situation, you might start by considering the different factors that are important to you. For example, do you travel frequently and prefer to not have to worry about provider networks? Under Original Medicare, you can get health-care services from any doctor or provider who accepts Medicare assignment. Keep in mind that your costs will be lowest if the provider accepts assignment, meaning that he or she agrees to accept the Medicare-approved charge for that service as full payment and not charge you above that amount (aside from cost sharing). And speaking of travel, some Medicare Supplement plans may help cover emergency medical services when you're out of the country (generally covering 80 percent for approved services, up to plan limits).

Do you have a lot of doctor visits and high out-of-pocket costs? A Medicare Supplement plan, as mentioned above, may help with certain out-of-pocket costs under Original Medicare, such as copayments and deductibles. Or, perhaps you're interested in coverage beyond Original Medicare, such as routine vision coverage or wellness programs. In that case, there may be Medicare Advantage plan options in your area that cover extra benefits.

If you're enrolled in, or will soon be eligible for Medicare, and are considering whether one of the above Medicare plans could be a good option for you, there are a number of websites that can provide answers to your questions, including *medicare.gov*, *medicare.com* and *medicare-sources.org*.

This article is reprinted with permission from *www.medicare.com*.

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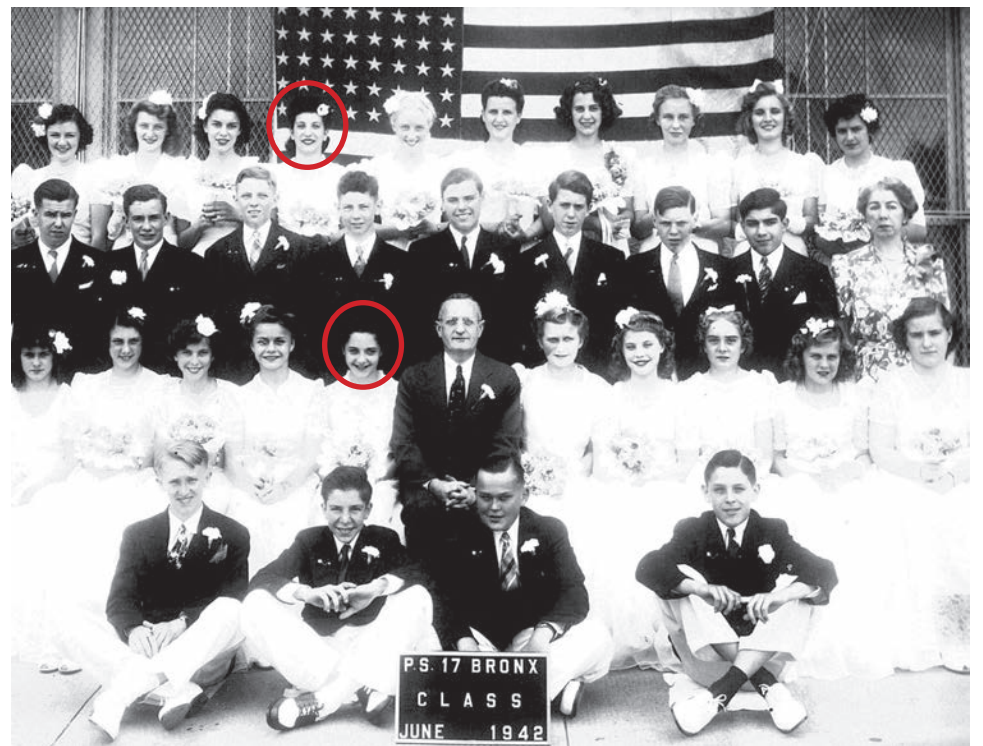


Photo courtesy of CITY ISLAND NAUTICAL MUSEUM

The P.S. 17 class of 1942. Georgia Nakis and Jean Casanova, who recently celebrated Georgia's birthday together (see Talebearer p. 20), were in this class. Georgia is in first row, seated, fifth from the left (next to the male teacher) and Jean is in the top row, standing, fourth from the left.

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Information for the Talebearer must be received in writing no later than the 15th of the month except July and December. Mail to The Island Current, P.O. Box 6, City Island, NY 10464; include your name and telephone number.

Belated January birthday wishes to former Islander Georgia Nakis McNichol, who celebrated her big day with lifelong Islander and former P.S. 17 classmate Jean Casanova Anderson (see photo page 18).

And a great time was had by all! Sandy Dunn blew out the candles on her birthday cake at a 1960s-themed party thrown by her husband, Bruce, at the Legion Hall on Feb. 3. Many of the guests wore tie-dyed shirts and danced to music, "Paradise by the Dashboard Lights," provided by Freddie Lando.

Congratulations to former Islander Marguerite Chadwick-Juner, who will be honored by the Bronx Rotary at their Centennial Celebration on April 16 at the Greentree Country Club in New Rochelle. Marguerite will be receiving two awards: the Paul Harris Fellow and the Bea Castiglia-Catullo Award. Marguerite's family, friends and fellow *Island Current* staff members are very proud of her!

Lots and lots of March birthday wishes go out to Pauline Shanley (3/1), Kathy Lonergan (3/4), Chris Butterworth (3/8), Joey Ciarletta (3/9), Joseph Nelson (3/10) and his dad, Joe Nelson (3/28), Judy McCormick (3/18), Brian Moore (3/30) and Barbara Stiene (3/31). Enjoy your special day, everyone!

And a very happy spring to all!

Maria Swieciki



Photo by CAROLINE COPPOLA
Minneford Avenue resident Sandy Dunn celebrated her birthday on Feb. 3 at the Legion Hall with a 1960s themed party thrown by her husband, Bruce Weis.



Photo by JIM ROMEO
Marguerite Chadwick-Juner (r.) at Bronx Rotary Club's President's Dinner in June 2017 with newly installed President Sandy Wolstein.



Photo by EYVONNE BAKER
Hotcakes were a hot item at the Grace Episcopal Church annual Shrove Tuesday Pancake Supper on Feb. 13, 2018. Shown above are the chefs and volunteers that helped feed about 70 hungry guests the night before Ash Wednesday.

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